



St. Francis Institute of Management and Research

(SFIMAR)

7.1.9: Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

Values

The value system of St Francis Institute of Management and Research is drawn from the eternal principles of peace, love, compassion, sharing and caring for each other and the environment. The 'Institutes' Anthem' embodies it all. The endeavour of the Instituter is to build competence and service through enterprise. Integrity, commitment, willingness to learn, eagerness to create and innovate are the expressions of it.

SFIMAR 'Institute Anthem'

Lord, make me an instrument of your peace. Where there is hatred, let me sow love. Where there is injury, pardon. Where there is darkness, light. Where there is sadness, joy. Where there is doubt, faith. Where there is despair, hope. O, Divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive. It is in forgiving that we are pardoned. And it is in dying, that we are born to Eternal Life.

The values of SFIMAR are described in the staff service rules of the Institute and uploaded on the college website

Link: <http://sfimar.org/hr-policy.html>

Mission

To enter the realm of globally successful B-schools by imparting value-based education for creating responsible and thoughtful citizens who would lead the world by example and excel through innovation, an entrepreneurial spirit and a humanitarian attitude.

Elements of the Mission Statement

M1: Provide value-based education

M2: Develop effective leaders

M3: Develop entrepreneurs

Programme Educational Objectives

1. To impart knowledge of basic and advanced concepts of Business Management and application of their tools and techniques for local and global business practices. (Application of Knowledge)
2. To equip the students with techno-managerial skills and entrepreneurial skills to progress as business leaders and entrepreneurs. (Leadership and Entrepreneurship skills)
3. To instil in students socially acceptable values and business ethics for developing responsible citizens. (values and ethics)

Linkage of the PEO's with the elements of the Mission Statement

(Note: Low = 1, Medium = 2, High = 3)

PEO Statements	M1 Provide Value based education	M2 Develop effective leaders	M3 Develop entrepreneurs
PEO1: Application of Knowledge	1	3	3
PEO2: Leadership and Entrepreneurship skills	2	3	3
PEO3: Values and Ethics	3	2	3

Justification and Rationale of Mapping

PEO1

To increase the program's robustness with a focus on experiential learning, strong emphasis is placed on project-based learning. The Institute conducts regular lectures by industry experts and practitioners (national and international level personnel). Field visits are given importance. Students are exposed to local and international industrial visits to understand local and global nuances. It conducts research project competitions and organizes seminars. This exposes the students to the practical application of their classroom learnings. They also use technological aids in their learning process.

The students are updated about the latest developments and trends in the industry through various add-on certifications courses conducted by the Institute. These are designed and organized to complement the enhancement of current requirements of the world of work. The faculty members of SFIMAR, through a diverse mix of pedagogy, deliver world-class education and help the students to acquaint themselves with contemporary business practices. Students learn the tools and techniques required to become global managers and entrepreneurs.

PEO 2

Entrepreneurial Initiative, 'Prerna Club' and Incubation Centre help to hone entrepreneurship skill sets among students. They instill a quest for innovation. The Institute is equipped with advanced technology - the latest computer systems, application software, 24x7 internet access, E-journals, projectors, smart class equipment, Enterprise Resource Planning (ERP) system, statistical software etc. This helps the students to develop techno-managerial skills required for decision-making and conducting research. The Institute faculty members encourage, motivate and facilitate the students to participate in inter and intra-collegiate competitions to display their creative ideas and entrepreneurial/ managerial skills. Events like Exuberance (an intercollegiate event), Anveshi (an intercollegiate student research paper presentation competition), Malay Club (creativity club), outbound training, etc., imbibe leadership skills in our students. Thus, they are prepared to take up leadership positions in organizations.

PEO 3

Ethics and value-based teaching have always been the crux of all pedagogies adopted at SFIMAR. The mission is communicated and delivered at all levels of activities conducted within and outside the campus. SFIMAR has an Institute Social Responsibility initiative - Abhimaan Club. The club conducts various social activities such as blood donation camp, walkathon to create awareness of organ donation, 'Say No to Plastic' campaign, visit to the orphanages, donations for flood relief, contributions to Indian Association for Blind, imparting life skill training to underprivileged children in association with Indian Development Foundation, etc. This fosters a sense of social consciousness among students. Another initiative of SFIMAR is the 'Green Club' that encourages students to undertake projects to promote a clean and green environment in and around SFIMAR. The Mindfulness Centre facilitates the development of SFIMARites to be mindful of social citizens. SFIMAR is also associated with the University of Mumbai for Lifelong Learning and Extension activities. Students are enrolled for extension projects and community support activities. They help the students to work selflessly towards a noble cause such as women empowerment, environment protection, child abuse, etc. A humanitarian attitude towards work and society is developed through the various activities of these centers. International Industrial visits sensitize a student about the social culture and ethics, and ethical business practices prevailing in the world. The guest sessions by industry experts and pedagogical tools such as role-plays and case studies make the students aware of the corporate world's ethical business practices and dilemmas. Initiating and implementing these activities enhance effective leadership and entrepreneurial skills in students. All outreach programmes create social consciousness. It also enables them to ignite the spirit of self-ownership, which enthuses them to take up their venture to become independent and capable of serving society at large.

**Activities that inculcate Values in Students to become Responsible Citizens
and Sensitization of Students and Employees to Constitutional Obligations**

Academic Year	Date	Forum / Clubs	Activity
2015-16	July-2015	Abhimaan Club / ISR	Computer Training Workshop for Senior Citizens
2015-16	15.08.2015		Independence Day
2015-16	27.08.2015 and 31.10.2015	DLLE	ESDE Project
2015-16	23.10.2015	DLLE	ESDE - Sales activity report
2015-16	02.11.2015	DLLE	Poster Making Competition
2015-16	19.11.2015	Abhimaan Club / ISR	Blood Donation Drive
2015-16	01.12.2015	Abhimaan Club / ISR	Swagat Daya Ashram
2015-16	09.01.2016	Mindfulness	Session on enhancing Self Potential and Career Skills
2015-16	10.01.2016	Abhimaan Club / ISR	Run for Road Safety Marathon - Brahmakumaris
2015-16	15.01.2016 and 16.01.2016	DLLE	UDAAN - Annual Extension Festival
2015-16	25.01.2016	DLLE	PEC Project - Workshop on Safeguarding Children from Unsafe touch
2015-16	25.01.2016	Green Club	Go Green Pledge
2015-16	26.01.2016	Green Club	Tree Plantation drive
2015-16	26.01.2016		Republic Day
2015-16	08.03.2016	CWDC	International Women's Day - Debate competition, Group discussion and Performing arts
2016-17	01.07.2016	Green Club	Planting Medicinal Plants

Academic Year	Date	Forum / Clubs	Activity
2016-17	15.08.2016		Independence Day
2016-17	31.08.2016	DLLE	Health Check-up Camp
2016-17	07.10.2016	Green Club	Debate on Swachh Bharat Abhiyaan
2016-17	12.10.2016	Mindfulness	Session on enhancing learning skills and stress management
2016-17	21.10.2016	CWDC	Sensitization and Awareness Programmes - on Cyber Crime
2016-17	24.11.2016	Abhimaan Club / ISR	Blood Donation Drive
2016-17	29.11.2016	DLLE	Poster Making Competition on Women Empowerment
2016-17	13.01.2017	CWDC	Sensitization and Awareness Programmes - on 'Self Défense for women'
2016-17	21.01.2017	DLLE	Career Guidance Workshop
2016-17	26.01.2017		Republic Day
2016-17	08.03.2017	CWDC	International Women's Day - Elocution Competition on the theme "Be Bold for Change."
2016-17	09.04.2017	Abhimaan Club / ISR	Marathon, Awareness campaign for better health
2016 - 17	22-06-2017	DLLE	Career Guidance - Jai Maharashtra Marathi News Channel
2016 - 17	2016 - 17	DLLE	Promoting extension activities for community development
2016-17	20.06.2017	Mindfulness	Session on Raj Yoga
2017-18	05.07.2017	CWDC	Prevention of Sexual Harassment at Workplace

Academic Year	Date	Forum / Clubs	Activity
2017-18	08.08.2017	DLLE	Health Check-up Camp
2017-18	15.08.2017		Independence Day
2017-18	07.09.2017	Abhimaan Club / ISR	Jagrut Mumbaikar' General Public Awareness Campaign
2017-18	09.10.2017	Abhimaan Club / ISR	Blood Donation Drive
2017-18	09.10.2017	DLLE	Poster Making Competition on 'Women Empowerment and 'Save Food Campaign'
2017-18	14.10.2017	DLLE	SOCH, an initiative to create awareness about mental health
2017-18	15.10.2017	Abhimaan Club / ISR	White Cane Day Contribution
2017-18	28.10.2017	Green Club	Tree plantation
2017-18	03.11.2017	Abhimaan Club / ISR	Shantidaan - Borivali
2017-18	03.11.2017	Campus Hygiene and Cleanliness Committee	Awareness Programmes on Segregation of Wet Waste and Dry Waste
2017-18	04.11.2017	Mindfulness	Session on Ethics and Meditation
2017-18	16.11.2017	Abhimaan Club / ISR	Potential blood stem cell donor registry
2017-18	25.11.2017	Green Club	Planting floral Plants
2017-18	06.01.2018 to 03.03.2018	DLLE	Career Guidance Workshop
2017-18	26.01.2018		Republic Day
2017-18	03.02.2018	Abhimaan Club / ISR	Walkathon
2017-18	16.02.2018	Green Club	Guest lecture on "Nursery Management"

Academic Year	Date	Forum / Clubs	Activity
2017-18	28.02.2018	Mindfulness	Session on Tools for Self Leadership
2017-18	08.03.2018	CWDC	International Women's Day - "Celebrating the Courage, Strength, Grace and Beauty of Women."
2017 - 18	2017 - 18	DLLE	Promoting extension activities for Community Development
2018-19	02.07.2018	Green Club	Tree Plantation
2018-19	23.07.2018	DLLE	Poster Making competition on 'Social Issues'
2018-19	30.07.2018	DLLE	Social Media Awareness Drive on 'Gender Equality
2018-19	15.08.2018		Independence Day
2018-19	18.08.2018	DLLE	Health Check-up Camp
2018-19	21.08.2018	Abhimaan Club / ISR	Kerala Flood Relief Fund
2018-19	25.08.2018	Green Club	Street play on tree plantation
2018-19	26.08.2018	Green Club	Street play on tree plantation
2018-19	04.09.2018	DLLE	St. Francis Orphanage
2018-19	11.09.2018	Campus Hygiene and Cleanliness Committee	Awareness Programmes on Segregation of Wet Waste and Dry Waste
2018-19	29.09.2018	Hygiene Committee and Abhimaan – the ISR	Rally and Drive on 'No use of plastic bags'
2018-19	03.10.2018	Hygiene Committee and Abhimaan – the ISR	Follow-up activity in the campus on "Clean drive and Plastic ban."

Academic Year	Date	Forum / Clubs	Activity
2018-19	16.10.2018	Green Club	Tree height measurement and numbering activity
2018-19	10.11.2018	DLLE	Celebration of National Education Day
2018-19	17.11.2018	Mindfulness	Session on Emotional Transformation
2018-19	30.11.2018	Abhimaan Club / ISR	Blood Donation Drive
2018-19	January - March 2019	Abhimaan Club / ISR	Student Leadership Program - Indian Development Foundation
2018-19	26.01.2019		Republic Day
2018-19	26.01.2019	Green Club	Go Green Nursery Visit
2018-19	30.01.2019	Abhimaan Club / ISR	Training by Indian Development Foundation for Student Leadership Programme
2018-19	12.02.2019 to 16.02.2019	Campus Hygiene and Cleanliness Committee	Hygiene Committee Observance week
2018-19	03-02-2019	Abhimaan Club / ISR	Participation in the Goregaon Sports Club (GSC) Marathon on 'World Cancer Day'
2018-19	08.03.2019	CWDC	International Women's Day - 'Women of Substance Competition - Corporate Power Dressing & Power Thinking'
2019-20	03.08.2019	DLLE	Health Check-up Camp
2019-20	15.08.2019		Independence Day
2019-20	24.08.2019	DLLE	Resettle flooded Kolhapur
2019-20	September 2019 to March 2020	Green Club	Hydroponic Crop Cultivation

Academic Year	Date	Forum / Clubs	Activity
2019-20	22-09-2019	Abhimaan Club / ISR	'Participation in 'Sarova Fun Run with Mirchi', Awareness Programme for fitness
2019-20	12.10.2019	DLLE	Cancer screening camp
2019-20	19.11.2019	Abhimaan Club / ISR	Blood Donation Drive
2019-20	19.11.2019	Abhimaan Club / ISR	Stem Cell Donation in association with Datri
2019-20	16.12.2019	DLLE	Online Multiple Intelligence Test for the students of Ladhidevi Maheshwari College
2019-20	09.01.2020	Green Club	Field trip to Bassien Agro Farms
2019-20	20.01.2020	DLLE	Poster Making competition on 'Women Empowerment, Save Environment, Planet Earth
2019-20	January - March 2020	Abhimaan Club / ISR	Student Leadership Program - Indian Development Foundation
2019-20	26.01.2020		Republic Day
2019-20	01.02.2020 and 03.02.2020	DLLE	UDAAN – Annual Extension Festival
2019-20	28.02.2020	DLLE	MOCK CET Test 2020 and Seminar on 'How to Crack MBA Entrance Test' - for MBA Aspirant
2019-20	07.03.2020	CWDC	International Women's Day - 'Each for Equal.'
2019-20	07.04.2020	Abhimaan Club / ISR	Contribution to the Maharashtra Chief Minister's Relief Fund Covid – 19
2019-20	01.05.2020	Abhimaan Club / ISR	Ration distribution to Housekeeping and Security Staff



St. Francis Institute of Management and Research

(SFIMAR)

Department of Lifelong Learning and Education (DLLE)

Mumbai University

Introduction

SFIMAR actively participates in DLLE activities to promote the values of human development among the students and provide a forum and place for the exchange of ideas, innovations related to social issues. In addition, the aim is to create social awareness and commitment among the students towards society.

The Institute has conducted activities like a visit to an orphanage, 'Prevention of child abuse workshop,' poster making competition on the relevant social issues like the role of women in modern society, save the environment, etc. Under DLLE activities college has organized health checkup camps in association with Wockhardt Hospital for our students and people of surrounding areas. A cancer screening camp was also organized in association with HCG cancer hospital for the surrounding area. Our Institute has also hosted UDAAN, the annual fest of DLLE Mumbai University, twice in the last five years.

Objectives

- To develop among students a sense of responsibility towards society.
- To prepare students for a more significant social commitment.
- To enhance student employability skills.
- To cater to the needs of the unreached for promoting knowledge-based society.
- To network with Governmental and Non-governmental agencies, international organizations as well as industries.
- To deepen the teacher and student knowledge through a broader exposure to real-life situations through various programs.

- To develop entrepreneurship and leadership skills among students.
- To brief students on the role of women in society.
- To develop public relations.
- To relate with an ordinary person and study their problems.

Learning Outcomes

1. It develops a sense of responsibility among students towards society.
2. It prepares students for a more significant social commitment.
3. It enhances student employability skills.
4. The program prepares the students for their career planning.
5. It also develops entrepreneurial skills among the students.
6. It enhances student employability skills.

Academic Year 2015 – 16

Entrepreneurship Skills Development Education Project

SFIMAR, affiliated with the University of Mumbai, is associated with the DLLE (Department of Lifelong Learning and Extension). The main aim of this program is to build a strong group of young people with discipline and character to make our society proud of them and develop the multifaceted personality of our students. Under this program, the students have to complete 120 hours, including E-learning and workshops related to developing entrepreneurial skills. The students are subdivided into a total of 8 groups managed by two student managers Deanne D'Sa and Vidhi Rathod.

DLLE Workshop for Faculty members and student managers was conducted on 27th August 2015. Student managers Brahat, Vidhi, and Deanne, have participated in this workshop. Usernames and passwords for the E-Learning portal were provided to student managers at this training program. The 2nd workshop was conducted on 31st October 2015. Student Managers Vidhi and Deanne participated in the workshop and the birthday celebration of Swami Vivekananda, conducted at the convocation hall of Mumbai University, Fort.

Entrepreneurship Skills Development Education - Sales activity report

As rightly said by the well-known entrepreneur Walt Disney, "The way to get started is to quit talking and begin doing." In this spirit, the DLLE entrepreneurship activity on 23rd October 2015 helped us overcome our risk-averse nature and provided us with a platform to set up our temporary retail outlet. The type of stall to be setup up was taken well in advance, and the students had to plan, organize, and cater to the needs of their target audience. This encouraged a wave of brainstorming and teamwork among the students. The respective groups managed each stall's investment entirely, and they were particularly cautious about the products and budgeting.

At 9 am, colorful and innovative charts were displayed at every counter. The stalls ranged from eatables to apparel. The eatables included Sandwiches, cupcakes, burgers, and sweets. Each item was so delicious that most of the stock was sold out by lunchtime. Some counters displayed trendy Indian wear for women as well as leatherware for men. The activity taught us how to manage risk and to work with limited budgets for a short period. They also learned how to multitask and allocate work according to the strengths and weaknesses of the team members. The sales and profit margins boosted our morale. Overall, the activity was a great learning experience, and it helped us 'young entrepreneurs' sharpen our managerial skills.



Entrepreneurship activity on 23rd October 2015



Entrepreneurship activity on 23rd October 2015

Poster Making Competition

As part of our DLLE activities, poster making was one of the activities conducted on 2/11/2015. The venue for the competition was the Shed area of St. Francis Institute of Management and Research. The topics for the competition were women empowerment and child abuse. Each team comprised of 5 members, and the time allotted to each group was 2 hours. The participants were informed about the Rules and regulations of the competition well in advance.

The competition provided a platform for the students to showcase their artistic skills. It also provided an insight into how a woman is portrayed or perceived in society. The competition ended with three winners being felicitated by the Director, Dr. S.S. Mohanty, and Extension work Teachers. (Dr. Sulbha Raorane and Prof. Renita D'Souza)



Population Education Club Project - Workshop on Safeguarding Children from Unsafe touch

This workshop was conducted at Rustomjee School at 3:00 pm on 25th January 2016. The workshop was conducted for 120 children in total, divided into 30 children per class. Many children fall prey to sexual abuse by adults and sometimes older children. Many (15-20%) of adults report that children were abused or inappropriately touched. Children from all socioeconomic classes are affected. This experience can leave intense emotional scars on children and affect their development as happy, healthy adults. This workshop aimed to educate children about safe/good and unsafe/bad touch. They also educated children about three body parts (chest, bottom, and between legs) that anyone cannot touch. They also taught them how to protect themselves if such a thing happens. All in all, it was a pleasant experience interacting with the children and teaching them how to stay safe.



Workshop on Safeguarding Children from Unsafe touch



UDAAN Festival

Every year DLLE organizes the Annual Extension work Festival titled "UDAAN-the flight of Extension" during December – January in a decentralized way in Mumbai wherein the students of Extension Work from various colleges come together and give performances through Street play and Exhibit Posters on the activities undertaken by them.

St. Francis Institute of Management and Research had the privilege of hosting this festival on the 15th and 16th of January 2016. The main objective of this festival is to create awareness about the field of Extension Work done by the University of Mumbai through affiliated Colleges in the community. It also gave opportunities to the students to enhance their skills to co-relate with the new avenues in Management, Education, and Entrepreneurship in this modern technological world.





UDAAN Festival 2016



Survey of Women's Status Project - Survey on the status of women in society

This survey was conducted in different schools in nearby areas. The survey was conducted for 100 teachers. This survey aimed to know the socioeconomic status of women teachers. It is necessary to change the present attitude values in society regarding women's roles and rights to equal participation in all social, economic, and political processes and national and international development. It is also required to create awareness among both men and women by helping them understand, recognize, and acknowledge the multidimensional roles women play in society. All in all, it was an excellent experience interacting with the teachers

Academic Year 2016 – 17

Health Check-up Camp in association with Wockhardt Hospital, Mira Road on 31.08.2016

The SFIMAR DLLE (Department of Lifelong Learning and Extension) Group organized a health checkup camp with Wockhardt Hospital, Mira Road. Expert doctors from Wockhardt Hospital, Mira Road, guided students for health-related queries and offered free advice. Services provided were - B.P., Weight, BMI, RBS, ECG, and doctors consultation at the assembly hall on 31st August 2016 from 10.00 am to 2.00 pm. After the checkup, a fitness report was given by Wockhardt Hospital.



Health Check-up Camp on 31.08.2016



Health Check-up Camp on 31.08.2016

Poster Making Competition on Women Empowerment organized on 29.11.2016

DLLE organized a poster-making competition on 29.11.2016 on 'Women Empowerment. The activity's objective was to build awareness among all the students about women's empowerment and its impact on the quality of life. In addition, students learned to identify the gaps that exist in society for women's empowerment. A total of 110 students participated in the competition.



Students participating in the DLLE Poster Making Competition on 29.11.2016

Career Guidance Workshop for DLLE Students on 21st January 2017

A career guidance workshop was organized by the DLLE team of SFIMAR for the DLLE students on 21.1.2017 to make them aware of various job opportunities available after graduation. In addition, the workshop inspired the students to do better in the aptitude tests and make them confident in facing the challenge of doing well in job interviews.



Resource Person addressing the DLLE students



DLLE students participating in the career guidance workshop



DLLE Coordinator addressing the students



Chairman addressing the DLLE students

Promoting extension activities for community development

Dr. Sulbha Raorane, the DLLE Faculty Coordinator, promoted the extension activities of community development by visiting colleges affiliated with Mumbai University. She motivated the college students to extend their support for the development of society and work for the community's welfare.



Visit to Shailendra College, Dahisar





Visit to P.D. Lions College, Mumbai

Career Guidance by Dr Sulbha Raorane on 22nd June 2017

Dr Sulbha Raorane expressed her views on the television show 'Careers in Commerce' aired on the Jai Maharashtra Marathi News Channel on 22.06.2017. She discussed various options available in the job market after graduating in commerce and the different ways for preparation during the graduation period to maximize the chances of getting a good job.

Link: <https://www.youtube.com/watch?v=WW1LAm46VX0>

“Skill development is the path towards successful career” - Dr. Sulbha Raorane
 (At Television Chanel live Interview show - 'Jai Maharashtra Calling - Careers in Commerce' -Jai Maharashtra Marathi New Channel)

Dr. Sulbha Raorane expressed her views on the television show 'Careers in Commerce' aired on the Jai Maharashtra Marathi News Channel. She discussed various options available in the job market after graduating in Commerce and the different ways of preparing during the graduation period for maximising the chances of getting a good job.

She advised students to check their self-interest before joining the commerce or any other stream by going through the syllabus, which is easily available online and with the relevant colleges. She advised going through subjects like mathematics, statistics, etc. before joining any branch of commerce to assess the ability to cope with these subjects. Only after thoroughly studying the contents of the syllabus should one choose his or her career path and sector.

Dr. Raorane said that If students wish to enjoy and attain success in their course and in their career the first thing they need to do is to recognise their strengths and develop skills which are essential for being successful. Skills development is the path towards a successful career.

Commerce students can utilize their time even after college hours for skill development. Good written and Spoken English is a necessary skill, as English is the global business language. Developing communication skills can open up ample opportunities for a bright career in all the sectors. The introduction of courses in digital marketing have gained ground in the recent years as the business and social world has gone online.

Over the last decade many multinational companies have been setting up their businesses in India. These companies require skilful employees, fluent in English and good at interpersonal communication. Dr.Raorane urged students to develop their communication skills and aptitude. These skills can be developed post college hours. After a degree in commerce, opting for an MBA is a good option. These days a degree in MBA is offered with various specializations like family business, entrepreneurship, etc. Those who wish to develop their family business could choose opting for such specializations for focusing on developing their skills.

Students need to plan their career from the very first job that they take up. It is important to have a vision of what is to be achieved in the next 5 years. Focussing on the career goal is the right way to start a career. Dr. Sulbha Raorane finally added that with changing times and trends, only a formal degree is not enough. Students also have to develop their soft skills among other skills for surviving and thriving in the job market.

Academic Year 2017 - 18

Health Checkup Camp in association with Wockhardt Hospital, Mira Road on 8th August 2017

The SFIMAR DLLE (Department of Lifelong Learning and Extension) Group organized a health checkup camp with Wockhardt Hospital, Mira Road. Expert doctors from Wockhardt Hospital, Mira Road, guided students for health-related queries and offered free advice. Services provided were - B.P., Weight, BMI, RBS, ECG, and doctors consultation at the assembly hall on 8th August 2017 from 10.00 am to 5.00 pm. After the checkup, a fitness report was given by the medical team of Wockhardt Hospital.



Health Checkup Camp on 8.8.2017

Poster Making competition on 'Women Empowerment and 'Save Food Campaign' organized on 9.10.2017

DLLE organized a poster-making competition on 'Women Empowerment and 'Save Food Campaign' on 9.10.2017. The activity's objective was to build awareness among all the students about women's empowerment and food waste and loss. Students learned to identify the gaps that exist in society for women's empowerment. In addition, students developed insights into finding ways for reducing food waste in their personal life. A total of 90 students participated in the competition.



**Poster Making competition on 'Women Empowerment and 'Save Food Campaign'
organized on 9.10.2017**

SOCH, an initiative to create awareness about mental health in association with Look Within, Counselling and Training Centre on 14.10.2017

SFIMAR - DLLE group in association with Look Within – Counselling and Training Centre organized 'SOCH - Workshop on Mental Health' on 14th October 2017. SOCH' is an initiative to spread awareness about Mental Health. SOCH was conceptualized in 2014 by 'Look within Group.' For the last two years, the Look within-group Ms. Aditi Nadkarni has been associated with SFIMAR as a student counselor. In 'SOCH 2017' Ms. Aditi Nadkarni explained the importance of therapy to all. AASRA Foundation delivered a talk on 'DEPRESSION and SUICIDE PREVENTION.' The address on 'DE-ADDICTION' was given by Dr. Gambhire (M.D. Psychiatry). SFIMAR Students also performed a STREET PLAY to showcase the importance of counseling to deal with depression. The SFIMAR family attended the program, DLLE coordinators, other DLLE colleges who deployed their faculty and students to participate, and St Francis D'Assissi School students.

An Initiative by:  **Look Within**
Counselling & Training Centre

In Association with:  **St. Francis Institute of Management & Research**
AN ISO 9001:2015 CERTIFIED AND NAAC "A" GRADE ACCREDITED INSTITUTE
Gate No. 5, Mt. Poesur, S. V. P. Road, Borivali (West), Mumbai - 400 103.

Department of Lifelong Learning & Extension (DLLE)

SOCH
an initiative to create awareness about Mental Health

10.00am - 10.30am
Inauguration & Introducing SOCH

10.30am - 11.30am
Do you feel low without any reason?
Is it difficult to survive? Do you question your existence.
Come and Listen to a representative from
"Aasra-helping people in despair" talk about
"Depression & Suicide Prevention"

11.45am - 12.15pm
Are you overdoing anything?
Is it difficult to control your habits?
Do you want to stop? Come & Listen to
Dr. Gambhire (MD Psychiatry) talk about
"De-addiction"

12.15pm - 1.00pm
A **Street Play** demonstrating the emotional struggles that today's youth go through
Conceptualized and Enacted by SFIMAR Students

1.15pm - 2.00pm
Mental illness cannot be seen but felt.
A therapist will not judge but will help you feel good about yourself.
Come & Understand the **"Importance of Therapy"**
from **Aditi Nadkarni-Shirali (Clinical Psychologist & Hypnotherapist Founder- 'Look Within')**

Also Visit our Stalls 10.00 am onwards...
Drawing Analysis | Handwriting Analysis | Dream Analysis | Paint your Feelings | Express your thoughts

Entry to the Event is FREE!!
+91 9167743568 | soch.lookwithin@gmail.com | www.lookwithin.co



The lighting of the Lamp for the 'Soch' Workshop



Ms. Aditi Nadkarni demonstration the art of meditation



Ms. Aditi Nadkarni addressing the audience



Street play by the SFIMAR team

Career Guidance Workshop for DLLE Students

SFIMAR's DLLE team organized a 'Career Guidance Workshop' for students in their final year of graduation from 6th January 2018 to 3rd March 2018 from 3.30 pm to 5.30 pm. In the Career Guidance Workshop, the Academic and Industry Experts trained the students to crack MBA entrance tests like CAT, CMAT, CET, XAT, ATMA, MAT, etc. This training was helpful for students to build their quantitative ability and verbal ability. In addition, this was general training for building students' confidence and crack aptitude tests.



Inaugural of the Workshop on 6th January 2018



St. Francis Institute of Management & Research

(APPROVED BY AICTE, DTE RECOGNISED AND AFFILIATED TO UNIVERSITY OF MUMBAI)
AN ISO 9001:2015 CERTIFIED AND NAAC "A" GRADE ACCREDITED INSTITUTE



CAREER GUIDANCE WORKSHOP

Training to Crack MBA Entrance Test

(06th January, 2018 to 3rd March, 2018)

DATES	Day	AREA / TOPIC	TIMINGS
06th January, 2018	Saturday	Quantitative Ability	3.30pm to 5.30pm (2 Hrs)
13 th January, 2018	Saturday	Verbal Ability	3.30pm to 5.30pm (2 Hrs)
20 th January, 2018	Saturday	Reasoning Ability	3.30pm to 5.30pm (2 Hrs)
27 th January, 2018	Saturday	Quantitative Ability	3.30pm to 5.30pm (2 Hrs)
03 rd February, 2018	Saturday	Verbal Ability	3.30pm to 5.30pm (2 Hrs)
10 th February, 2018	Saturday	Quantitative Ability	3.30pm to 5.30pm (2 Hrs)
17 th February, 2018	Saturday	Quantitative Ability	3.30pm to 5.30pm (2 Hrs)
03 rd March, 2018	Saturday	Doubt Clearing Session	2.00pm to 4.00pm (2 Hrs)

**Free Mock CET Seminar & Test will be on 27th January, 2018.
Registration Compulsory.**

for Final Year Graduation Students

: For Registration Contact :

8879260691 / 8408073486 / 022 - 28917096 / 28917089

:Venue :

**St. Francis Institute of Management and Research,
Gate No. 5, Mt. Painsur, S.V. P. Road, Borivali (West), Mumbai - 401103
WWW.SFIMAR.ORG**



Career Guidance Workshop on 6.1.2018

Promoting extension activities for community development

Dr. Sulbha Raorane, the DLLE Faculty Coordinator, promoted the extension activities of community development by visiting colleges affiliated with Mumbai University. She motivated the college students to extend their support for the development of society and work for the community's welfare.



Visit to Bhausaheb Vartak Art, Commerce and Science College, Borivali



Visit to S M Shetty College

Academic Year 2018--19

Poster-Making competition on 'Social Issues' on 23rd July 2018.

DLLE organized a poster-making competition on 'Social Issues' on 23.07.2018. The activity's objective was to build awareness among all the students about save water, save electricity, avoid abortion, women empowerment, prevent sexual abuse, unity is strength, etc. Students learned to identify the gaps that exist in society towards these social issues. Students developed insights into saving water, saving electricity, preventing abortion, women empowerment, preventing sexual abuse, unity is strength, etc. A total of 100 students participated in the competition.



Poster making competition on 'Social Issues'



Social Media Awareness Drive on 'Gender Equality on 30th July 2018.

The students of DLLE clicked pictures upholding a message on the theme of Gender Equality to prevent discrimination in the workplace. They clicked pictures and posted them across social media platforms to generate awareness. The event was titled '#Itendswithme' in Association with Miss Malini.



'#Itendswithme' in Association with Miss Malini

Health Check-up Camp in Association with Wockhardt Hospital, Mira Road on 18.08.2018

In association with Wockharth Hospital, a health checkup camp was conducted on 18.08.2018. Primary body and eye checkups, tests like blood pressure, blood sugar, BMI, consultation, and eye checkup were conducted during the camp.



Visit to St. Francis Orphanage on 04th September 2018

A team comprising 20 students, three faculty members, and two staff members visited the St Francis Orphanage on 04th September 2018. The visit aimed to bond with the inmates and make them feel at ease despite the disparity in socioeconomic status.



Visit to St. Francis Orphanage on 04th September 2018

Basic Life Support Training by Dr. Abhishek Sharma & team from Wockhardt Hospital on 10th November 2018

SFIMAR DLLE Group has celebrated National Education Day by organizing Basic Life Support Training by Dr. Abhishek Sharma and the team from Wockhardt Hospital, Mira Road, on 10th November 2018. The training was full of theoretical knowledge and practical applications about Emergency First Aid, BLS (Basic Life Support), and CPR (Cardiopulmonary Resuscitation) life-saving techniques. Students got practical knowledge and guidance on giving CPR and were also awarded a certificate of participation in this training from Wockhardt Hospital. The purpose of this activity was to create Healthcare Awareness



Basic Life Support Training by Dr. Abhishek Sharma and a team from Wockhardt Hospital





Celebration of National Education Day on 10.11.2018



Academic Year 2019-20

Health Check-up Camp in Association with Wockhardt Hospital, Mira Road on 3rd August 2019

In association with Wockhardt Hospital, a health checkup camp was conducted on 3rd August 2019 for the welfare of the faculty, staff, and students. Primary body and eye checkups, blood pressure, blood sugar, BMI, and consultations were conducted during the camp. This year Bone density test is also performed for all participants. The doctor guided all participants about their bone density level and precautions and food intake to manage the levels. Even guidance on a diet, healthy food, healthy habits, and other relevant guidance for maintaining health is provided.



Health Check-up Camp on 3rd August 2019





Health Check-up Camp on 3rd August 2019



Resettle flooded Kolhapur in association with Sakal Maratha Samaj on 24th August 2019

St. Francis Institute of Management and Research, DLLE Team, in association with Sakal Maratha Samaj, Vasai appealed to the SFIMAR family for resettling flooded Kolhapur on 24th August 2019. The SFIMAR family donated Stationery; Medicines used to clean water, General medicines for cold, fever, loose motion, body Pain, Bleaching Powder, Dettol bottles, Soaps, Tooth Paste, Brush, Candles, Old Clothes, etc. There was an excellent response to this activity.



1. Stationery of all kind which is useful for school children
2. Medicines which used to clean water
3. General medicines for cold, fever, loose motion, body Pain
4. Bleaching Powder, Dettol bottles, Soaps, Tooth Paste, Brush, Candles etc useful things
5. Old Clothes

You can donate the above things till 24th August, 2019

Resettle Flooded Kolhapur

Donation Box is at ground Floor, Near Security Cabin outside Chairman SFIMAR Cabin

In association with

 **St. Francis Institute of Management & Research**
Gate No.5, Mt. Poinsur, SVP Road, Borivali West, Mumbai - 400103
WWW.SFIMAR.ORG

 **Department of Lifelong Learning & Extension (DLLE)**



'Resettle Flooded Kohlapur' Campaign organized by DLLE Team

Cancer screening camp in association with HCG Cancer Care, Borivali West on 12th October 2019

SFIMAR DLLE team organized a health talk on Cancer and a Cancer Screening Camp on 12th October 2019 for the welfare of the students, faculty, and staff. All other stakeholders were also invited to the camp.

Details of CANCER Screening Camp

For Women

Test	Below 40 Age	Above 40 Age
Pap Smear	Yes	Yes
Breast Examination	Yes	Yes
Mammography Screening	No	Yes (Free coupons will be provided)

Test	Below 40 Age	Above 40 Age
	(Breast Sono-mammography is advised only after <i>Physician</i> consultation)	
Oral/ENT examination	Yes	Yes
B.P., BMI, RBS Test	Yes	Yes
Oncology-Gynec Consultation	Yes	Yes

For Men

Test	Below 50 Age	Above 50 Age
B.P., BMI, RBS Test	Yes	Yes
Oral/ENT examination	Yes	Yes
PSA	No	Yes
Specialty Oncology consultation	Yes	Yes



Awareness towards cancer lecture on 12th October 2019



Cancer screening camp on 12th October 2019

Online Multiple Intelligence Test for the students of Ladhidevi Maheshwari College on 16th December 2019

SFIMAR DLLE group has organized an Online Multiple Intelligence Test on 16th December 2019 for the students of Ladhidevi Maheshwari college, Malad West. The test is helpful for students to identify and understand their top Intelligence to choose the right path for their career and further education. The session and examination were conducted by Ms. Mitchell Dmello and Ms. Natasha Fernandes. A total of 31 students who were in their second and third year of graduation attended the test.





Online Multiple Intelligence Test (MIT) for the Students of Ladhidevi Maheshwari College, Malad

Poster Making competition on 'Women Empowerment, Save Environment, Planet Earth, etc.' on 20th January 2020.

DLLE organized a poster-making competition on 'Women Empowerment, Save Environment, Planet Earth, etc.' on 20th January 2020'. The activity's objective was to build awareness among all the students towards women empowerment, save the environment, planet earth, etc. As a result, students develop insights to save the environment and protect planet earth.



Poster making competition on 20th January 2020



Poster making competition on 20th January 2020

MOCK CET Test 2020 and Seminar on 'How to Crack MBA Entrance Test' on 28th February 2020

SFIMAR DLLE team organized MOCK CET Test 2020 and Seminar on 'How to Crack MBA Entrance Test' on 28th February 2020. Mr. Vivek Sarda was the Guest speaker and trainer for the session. Mr. Vivek Sarda has 09 years of experience in the MBA entrance coaching industry, and he has guided more than 9000 MBA aspirants in his career. Seventy students had registered for the session from various colleges in Mumbai city. The MOCK CET seminar was held in room no 204, and the live demo test was conducted in Computer labs 203, 209, and 210.

The following topics were covered in the seminar -

1. How to crack MH-CET/Any other MBA Entrance Test?
2. How to improve GD-PI Skills in a short period?
3. The key to enter in a Top Management Institute
4. Scope of MBA in today's market scenario
5. Question answer round/ doubt clearing session






**MOCK CET Test 2020 and Seminar on 'How to Crack MBA Entrance Test' on 28th
February 2020**



UDAAN 2020


St Francis Institute of Management and Research hosted Udaan, the Annual Extension Work Festival of the Mumbai University, on 1/02/20 and 3/02/20. The students of Extension Work from various colleges affiliated with the University of Mumbai came together and gave performances through Street Play and exhibited Posters on their activities on several Extension Work Projects. Students from more than 40 colleges participated in Udaan.



ST. FRANCIS INSTITUTE OF MANAGEMENT & RESEARCH
(Website : www.sfimar.org)

APPROVED BY AICTE, DTE RECOGNISED AND AFFILIATED TO UNIVERSITY OF MUMBAI
AN ISO 9001:2015 CERTIFIED AND NAAC "A" GRADE ACCREDITED INSTITUTE

"Enlightening Minds, Defining Leaders"



Udaan 2020

Annual Extension work Festival of University of Mumbai
(Saturday, 1st Feb, 2020 and Monday 3rd Feb, 2020)

About Udaan 2020

Every year the University of Mumbai organizes the Annual Extension Work Festival titled "UDAAN-the flight of Extension" during the months of January-February in a decentralized way in Mumbai, Thane, Raigad, Ratnagiri and Sindhudurg districts; the jurisdiction of University of Mumbai wherein the students of Extension Work from various colleges come together and give Performances through Street Play and Exhibit Posters on the activities undertaken by them on seven Extension Work Projects. Students of more than 40+ colleges will participate in Udaan.

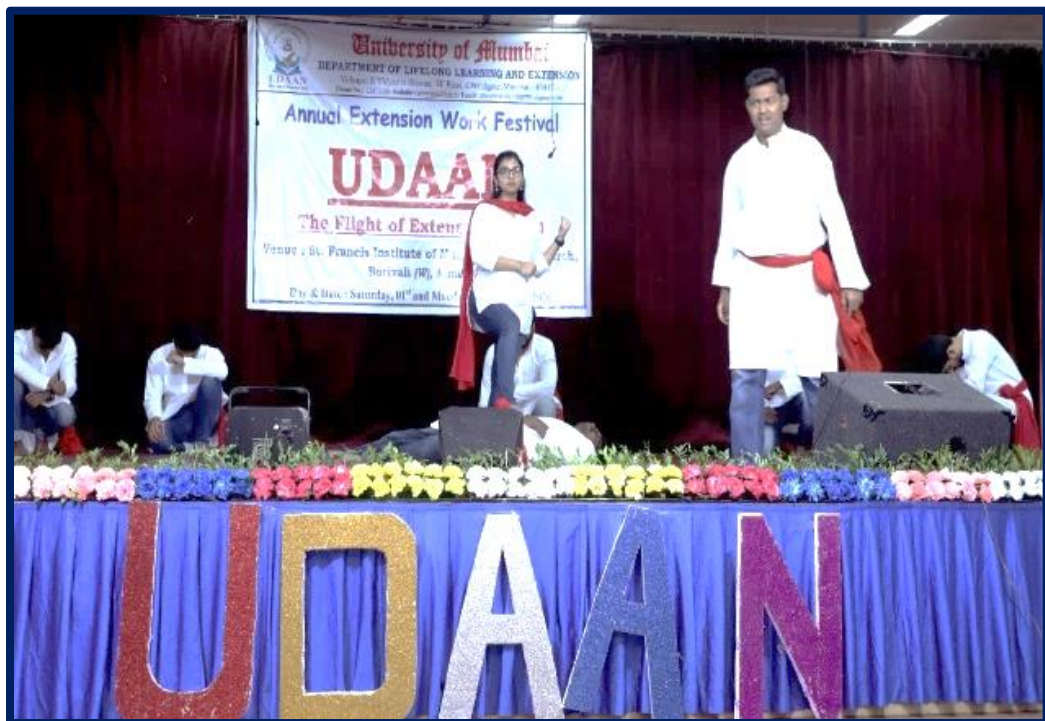
Contact us on 8408073486 / 9619551840 / 022-28917096

Venue : St. Francis Institute of Management, Borivali (W), Mumbai.

WWW.SFIMAR.ORG



Dignitaries at Udaan 2020



Street Play Durning Udaan-2020



Street Play Durning Udaan-2020



St. Francis Institute of Management and Research

(SFIMAR)

College Women Development Cell

The main objective of the College Women Development Cell is to organize events and activities for women's empowerment.

Name of the event: International Women's Day

Introduction

International Women's Day is a global day celebrating women's social, economic, cultural, and political achievements. Marked annually on 8th March, International Women's Day (IWD) is one of the most important days of the year to celebrate women's achievements, raise awareness about women's equality.

Objectives

- The objective of the program is to help build an egalitarian society.
- Helping female students live a balanced life neither lurk into depression nor take the abode of aggression.
- To stress upon the development of women in every sphere.
- To create an environment that will help women realize their full potential and give their best.

Description of Activities

- Competitions like elocution, essay writing, poster making are organized by the cell to mark the event.

Learning outcomes

- Female students get encouraged to be self-reliant and economically independent.
- It instills positive self-esteem and confidence in the female students to make the right decision in and for their lives.
- Students become aware of women's social, legal and constitutional rights to prevent exploitation based on gender.
- Females are cognizant of sexual, physical, and mental violence and further equip them with the knowledge and strength to fight against them.
- Creating awareness about the need for gender equality.
- Providing equal career opportunities to all genders.
- Eliminating deep-rooted beliefs of gender bias and discrimination.

Academic Year 2015 – 16

International Women's day was celebrated on 8th March 2016, organized by CWDC and Malay Club at 4 pm in the assembly hall. The occasion was held by conducting a Debate competition, Group discussion and Performing arts. The female faculty and staff members and students observed the theme of power dressing.

CWDC & MALAY CLUB
PRESENTS
INTERNATIONAL WOMEN'S DAY
8TH MARCH, 2016
DEBATE COMPETITION AT 4.00 PM
TOPIC : "GLASS CEILING NO LONGER EXIST IN CORPORATES"
GROUP DISCUSSION : QUALITIES WOMEN NEED TO LEAD .
VENUE : ASSEMBLY HALL
THEME : " POWER DRESSING (ONLY FOR LADIES)"
WIN SFIMAR STAR PERFORMER OF THE YEAR AWARD
Win best dressed Female award
Enter to win attractive prizes

Glimpses of the event - 2015-16

CWDC



- ✓ Debate Competition on 'Glass Ceiling no longer exist in corporates'
- ✓ Power Dressing Competition

CWDC

Celebrated International Women



- ✓ Conducted CWDC awareness program
- ✓ Conducted a lecture by Ms. Banushri of Cannon Hygiene for MMS1 & PGDM

Women day celebration 2016



Elocution Competition – 2016



Prize distribution for elocution competition 2016



Participants and Winners with Director and Registrar



Prize Distribution

Academic Year 2016 – 17

International Women's Day was celebrated on 8th March 2017 in the Assembly Hall organized by CWDC from 3 pm to 4.30 pm. The theme for the Women's day 2017 celebration was "Be Bold for Change." An interactive session was organized with Ms. Nilisha Wandile, Founder 'Yes it's me' and Head of Operations, World Merit Mumbai on Gender Equality. All the female students were attired according to the theme of power dressing. An elocution competition was organized on the theme 'Be Bold for Change.'



Elocution Competition on the theme "Be Bold for Change."



Women's Day Organizing Team and Student Participation Team



Ms. Nilisha Wandile, Founder 'Yes it's me' and Head of Operations, World Merit Mumbai on Gender Equality organized by CWDC on 8.03.2017

Academic Year 2017 – 18

International Women's Day was celebrated on 8th March 2018 in the Assembly Hall organized by CWDC. The Women's day 2018 celebration theme was "Celebrating the Courage, Strength, Grace and Beauty of Women." CWDC organized an Awareness Programme in association with ZICOM for the safety of women. Ms. Anita N.E., Wasan Knowledge Hub, addressed the audience on 'Grace and Beauty of Women' and demonstrated the art of makeup for a corporate appearance. All the female students were attired according to the theme.





Awareness Programme organized by CWDC in association with ZICOM for safety of women on 8.03.2018



Ms. Anita N.E., Wasan Knowledge Hub addressing the audience on 'Grace and Beauty of Women' on 8.03.2018



Celebration of Women's Day in the Academic Year 2017 – 18

Academic Year 2018 – 19

8th March 2019, International Women's Day was celebrated by the SFIMAR DLLE Group in association with CWDC Group. They organized '*Women of Substance Competition - Corporate Power Dressing & Power Thinking*' for women. For men, they organized a 'Best Message for Women in their lives' competition. This was conducted in the Assembly Hall at 3.30 pm. All the female students were attired according to the theme of power dressing.





Elocution competition organized for female students



Elocution competition winner 2019



Participants of Elocution Competition 2018-19





Participants of Elocution Competition-2018-19





**'Best Message for Women in their lives' competition organized for the male students on
8.03.2019**

Academic Year 2019 – 20

International Women's Day was celebrated on 7th March 2020 and organized by CWDC in the Assembly Hall from 11.30 am -12.30 pm. The theme for the celebration was 'Each For Equal.' A guest lecture was organized on the theme and delivered by the Speaker, Ms. Mayuri Mistry. All the female students were attired according to the theme of the event.





Ms. Mayuri Mistri, a renowned social worker addressing the gathering



CWDC team with the Chairman and Director of the Institute



Host of the event

Name of the Event: Sensitization and Awareness Programmes

Introduction

SFIMAR believes that introducing the Gender Sensitization and Awareness Programme facilitates equality, inclusivity, and diversity among female and male management students. Moreover, knowledge of laws relating to women and gender sensitization is crucial for developing young minds. It will also help students build correct values, self-discipline, and national spirit.

Objectives

1. To sensitize the students towards gender equality and parity
2. To inculcate values among students towards equality, inclusivity and diversity

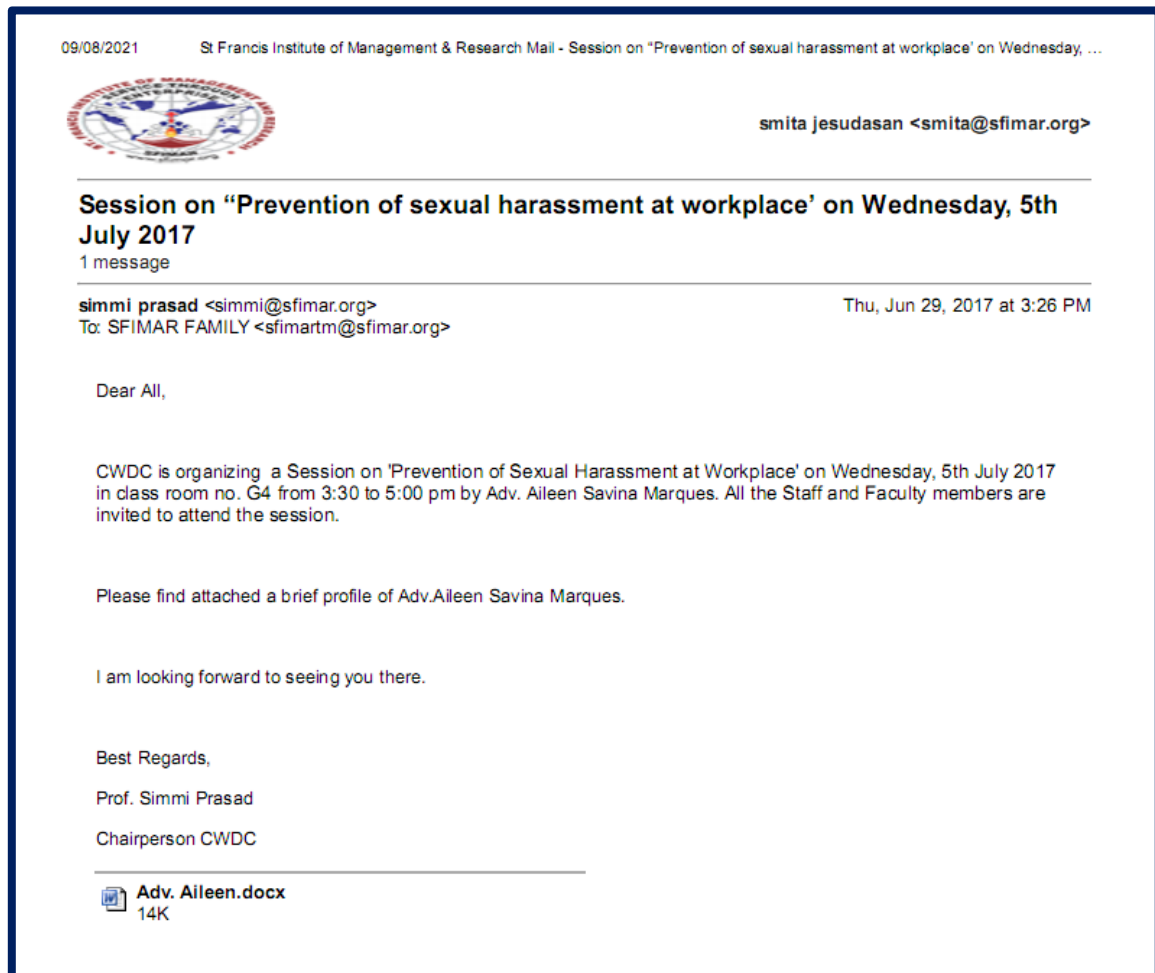


**Mr. Pankaj Bafna, Advocate-High Court, delivering the guest lecture on Cyber Crime
on 21.10.2016 organized by CWDC**



**CWDC organized a workshop on 'Self Defense for women' on 13.1.2017
by Mr. Suresh Nair**

- CWDC organized a Session on 'Prevention of Sexual Harassment at Workplace' on Wednesday, 5th July 2017, in Classroom no. G4 from 3:30 to 5:00 pm by Adv. Aileen Savina Marques. She inspired the youth of SFIMAR to empower themselves and stand up for their rights.



- CWDC organized a special session on preventive healthcare programs, especially for the Women of SFIMAR, on 5th April 2019 from 3 pm to 4 pm in the Assembly Hall. The topic was 'It is time we talk' - a Women's Wellbeing initiative. The session's objective was to proactively provide women with a platform to improve their physical health, emotional, and overall wellbeing.

09/08/2021

St Francis Institute of Management & Research Mail - CWDC Talk on Women Wellbeing



smita jesudasan <smita@sfimar.org>

CWDC Talk on Women Wellbeing

1 message

Sujeesha Naidu <sujeesha@sfimar.org>
To: Faculty <faculty@sfimar.org>

Thu, Apr 4, 2019 at 5:55 PM

Dear All,
CWDC is organizing a special session on preventive healthcare programs especially for the **Women of SFIMAR**,
on *5th April 2019* between **3 pm to 4 pm** in Assembly Hall.
The topic of the day is- *It's time we talk*"- a Women's Wellbeing initiative.
The objective of the talk is to provide a platform for women to proactively work towards improving their physical health, emotional & overall well being.
All the **female employees and students** are required to attend the session.
This has the concurrence of the Incharge Director, Dr. G Ramesh.

Regards,
Team-CWDC

Student Participation List in the competitions organized by CWDC on Women's Day

Date	Name of the event/activity	Name of the students who participated	Winners
2015-16 8.3.16	Elocution Competition	Ashwin Patel, Jesan Dantis, Divya D., Raveena Lobo	Ashwin Patel, Divya
2016-17 8.3.17	Elocution and power dressing competition	Vishva Shah, Bijal Bhojani, Jocelyn Joy. Jessina Pereira, Abhishek Jain, Frank Dias, Ashish Ahire, Darshan Salian, Seles Paul, Sydel Dsouza, Steffi Dmello, Tanvi Khedekar, Shweta Ambre, Minalee Veturkar, Sarthak Parekh,	Seles Paul

Date	Name of the event/activity	Name of the students who participated	Winners
		Sheldon Rodrigues, Vishal Choudhary, Nitesh More, Susheel Nambiar, Snovil Dcunha, Virendra Shirke, Seles Paul	
2017-18 8.3.18	Collage making and power dressing competition	Robinson, Joshua Dsouza, Jeena Biju Thomas, Jimmy Jokim Dmello, Stanessa Fernandes, Shruti Mohan Mulik, Queeni Cletus Colaco	Robinson
2018-19 8.3.19	Elocution Competition	Devavrta, Gayatri Nayak, Priyanka Shankar Shinde, Shristi Dubey, Vrashchika Shetty, Danica Lobo, Natasha Quadros, Sayali Sawant	Gayatri Nayak, Sabrina Shiny
2019-20 7.3.20	Power dressing & Power thinking competition for girls	Nikhil Jose Mathew, Venissa, Sabrina, Christina, Anusha, Celeste, Aditya Dcosta, Dipti, Harren and Manish	For boys Ist Aditya Dcosta and 2 nd Nikhil Mathew For Girls, 1 st : Christina Aloor 2 nd Vennissa Pintos:



St. Francis Institute of Management and Research (SFIMAR)

'Abhimaan' -Institute's Social Responsibility Club of SFIMAR

Academic Year 2015 – 16

Computer Training Workshop for Senior Citizens in July 2015

SFIMAR organized the Third Batch of a computer training workshop for senior citizens in July 2015 as a part of its Community Service initiatives. The topics covered during the workshop were MS Office, Internet Concepts, Mobile Concepts etc.



Dr. Ramesh explaining the objective of the workshop



Participants & their Student Mentors



Prof. Vasudha conducting the training sessions



Bro. Dominic @ Felicitation Ceremony



A learning bond between Participant & Mentor



Group Photo

Blood Donation Drive in association with Bhagwati Hospital on 19.11.2015

Abhimaan Club organized a motivational talk and blood donation camp on 18th November and 19th November 2015 in association with Bhagwati Hospital, Borivali West.

On 19th November 2015, Abhimaan Club of St. Francis Institute of Management and Research (SFIMAR) successfully conducted the annual 'Blood Donation Camp' as part of Institutional Social Responsibility (ISR) activities. The camp was organized in association with Bhagwati Hospital, Borivali (West).

Abhimaan Club conducted a pre-event for the Blood Donation on 18th Nov for the students, faculty and staff. The College invited Dr. Shubha Raul, ex-mayor of Mumbai, as the chief guest for the pre-event. Also invited were resource persons from Bhagwati Hospital who shed light on critical information related to blood donation. The doctors from Bhagwati Hospital clarified facts regarding blood donation, like eligibility of donors and popular myths surrounding blood donation. Dr. Shubha Raul, with her inspiring speech, appealed to the young crowd to regularly donate blood to contribute to the nation's service. She mentioned her own experience of donating blood for the first time to motivate the girls who wanted to donate blood for the first time. She further gave examples of people who donate blood to lead a healthy life.

The pre-event talks presented by eminent people certainly motivated the young crowd of the College. Students and staff enthusiastically came out for donating blood the next day, taking time from their busy academic schedule. After inquiring about essential background information, donors were tested for blood pressure and hemoglobin by doctors from the Bhagwati Hospital. Eligible donors were then carefully guided through the blood donation process by the nursing staff. Like every year, Abhimaan Club Faculty Coordinator, Prof Dr. G. Ramesh, was the first to donate blood. Student coordinators kept note of every registration and wrote the names of successful donors on the hall of fame board at the venue entrance.

The camp was a significant event for many first-time donors. For every donor, there were certificates and badges awarded as a token of appreciation.

Objectives:

- To raise awareness that individuals can save lives and improve the health of others by donating blood.
- To encourage people to donate blood voluntarily without compensation.
- To support the operation of safe and reliable blood services.

Learning Outcome:

- It instilled a sense of responsibility towards society in the students.
- It made our students and the surrounding community aware of the importance of donating blood. Furthermore, how it can save someone's life.



SFIMAR students lining up for donating blood during the blood donation camp held on 19 Nov 2015 in the SFIMAR campus.



Dr G Ramesh, faculty coordinator of SFIMAR's Abhimaan ISR club donating blood on the founder's day -19 Nov 2015 in the SFIMAR campus



Chairman, Director, Registrar and others of SFIMAR participating in the prayer on the founder's day on 19 Nov 2015.





Dr Shubha Raul, Ex Mayor of Mumbai, delivering the motivational talk on 18 Nov 2015 on the blood donation in the SFIMAR campus.



Dr Varsha Baldwa, Resource person and Resident medical Officer, Bhagwati Hospital delivering the motivational talk on 18 Nov 2015 on the blood donation in the SFIMAR campus.



SFIMAR's Director Dr SS Mohanty felicitating Dr. Varsha Kulkarni, Resource person and Resident Medical Officer of Bhagwati Hospital, during the blood donation motivational talk on 18 Nov 2015 in the SFIMAR campus.



SFIMAR Chairman Bro Alphonse Nesamony felicitating the Guest of Honour Dr. Shubha Raul, Ex Mayor of Mumbai during the blood donation motivational talk on 18 Nov 2015 in the SFIMAR campus.

Visit to Swagat Daya Ashram, Haloli on 01st December 2015

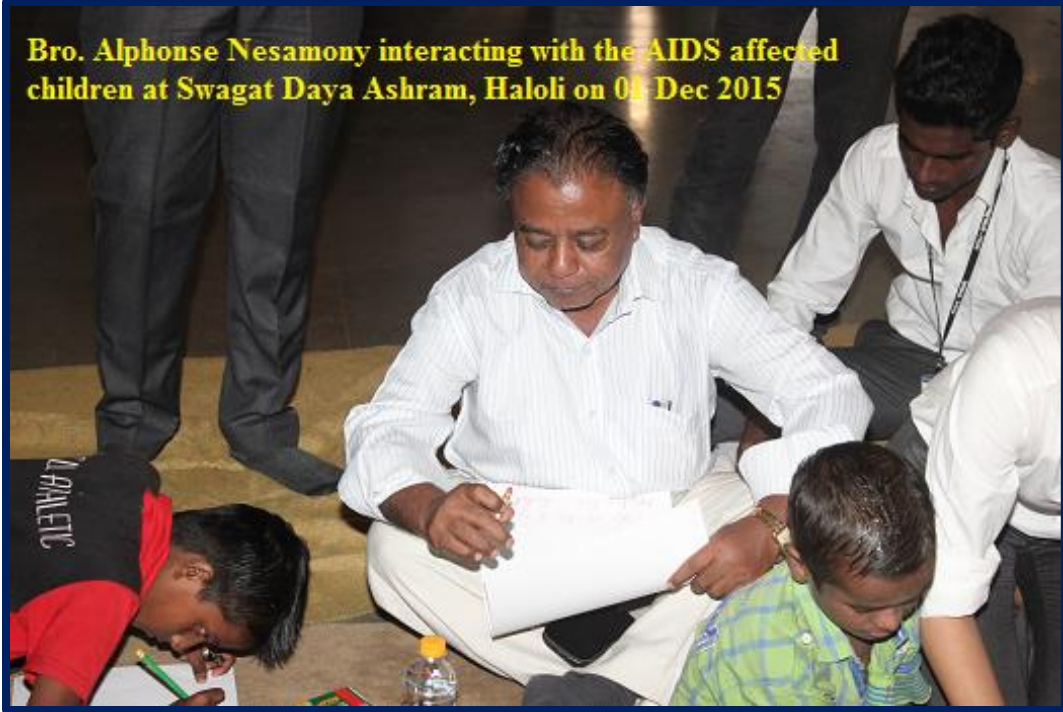
On 01st December 2015, in commemoration of World's AIDS day, SFIMAR's Social Responsibility club, 'ABHIMAAN,' organized a visit to the Swagat Daya Ashram at Haloli near Virar. A 25-seater bus was hired for the visit and all the Abhimaan student coordinators (MMS and PGDM) participated. Along with the students, SFIMAR's Chairman Brother Alphonse Nesamony, Abhimaan Club faculty coordinator Dr. G Ramesh and adjunct faculty member Lt Col Venkatraman (Retd) also participated. In the ashram, the inmates comprised 22 AIDS-affected children and 21 elderly personnel. The student coordinators organized various indoor and outdoor games, a drawing competition and played cartoon videos such as Tom and Jerry. The students also organized a cake cutting for the children and the older people present. Towards the end of the program, all the children and elderly personnel were presented with gifts and shawls. Brother Alphonse Nesamony delivered the vote of thanks and extended his blessings to all those present. The visit was memorable and provided yet another sense of belonging and fulfillment of one's social obligations to society.

Learning Outcomes

- It instills a sense of social responsibility and sensitivity towards the afflicted.
- It creates awareness about AIDS among people.



Bro. Alphonse Nesamony interacting with the AIDS affected children at Swagat Daya Ashram, Haloli on 01 Dec 2015



Abhimaan Club Coordinators interaction with the AIDS affected children at Swagat Daya Ashram, Haloli on 01 Dec 2015





Children at Swagat Daya Ashram participating in a Lemon-Spoon race competition organized by SFIMAR's Abhimaan ISR club on 01 Dec 2015 at the Ashram.



Children participating in a drawing competition organized by SFIMAR's Abhimaan ISR club on 01 Dec 2015 at Swagat Daya Ashram, Haloli.



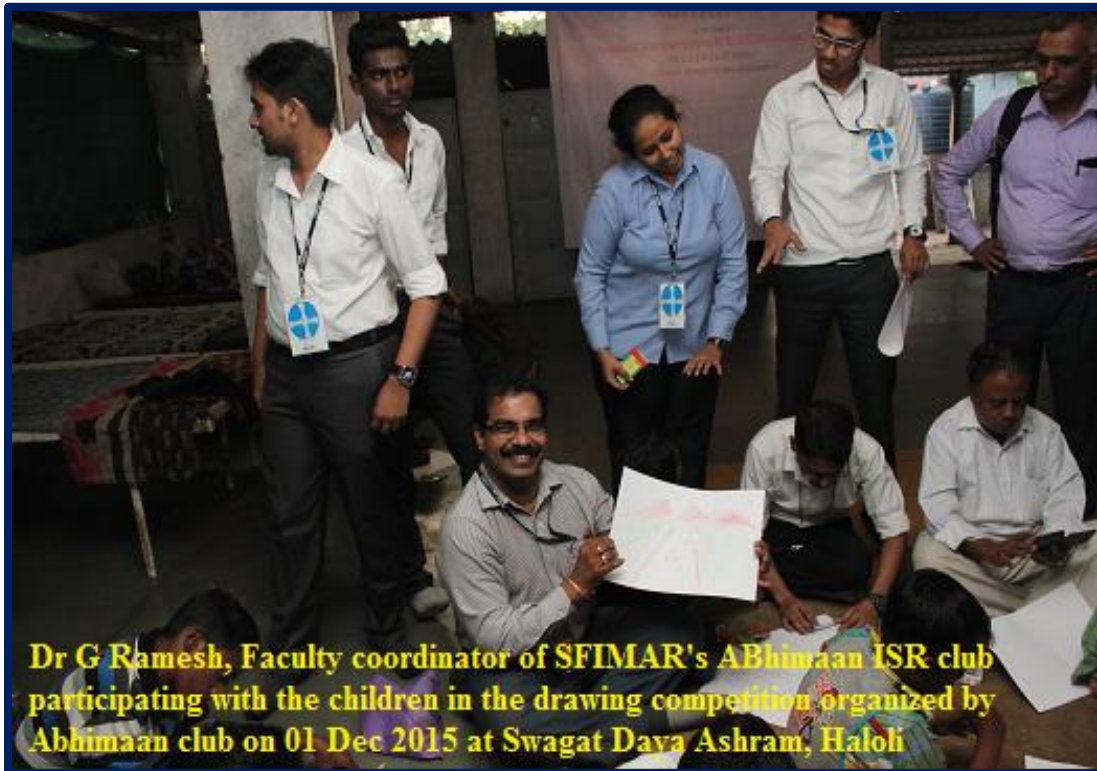
Bro Alphonse Nesamony giving gifts to the AIDS affected children at Swagat Daya Ashram on 01 Dec 2015



Bro Alphonse Nesamony presenting a shawl to one of the elderly inmate of the Swagat Daya Ashram on 01 Dec 2015.



Bro Alphonse Nesamony and Dr G Ramesh in discussion with the Staff of the Swagat Daya Ashram after presenting them with gifts on 01 Dec 2015.



Dr G Ramesh, Faculty coordinator of SFIMAR's ABhimaan ISR club participating with the children in the drawing competition organized by Abhimaan club on 01 Dec 2015 at Swagat Daya Ashram, Halohi



Bro Alphonse Nesamony giving blessings and vote of thanks to all the inmates of the Swagat Daya Ashram at the end of the visit to the Ashram on 01 Dec 2015.



Group photo of the Children with Abhimaan coordinators, Bro Alphonse Nesamony, Dr G Ramesh and Lt. Col. Venkatraman at the Swagat Daya Ashram on 01 Dec 2015.

Run for Road Safety Marathon organized by Brahmakumaris on 10 January 2016

SFIMAR Students and Faculty members participated in the Run for Road Safety Marathon organized by Brahmakumaris on 10 January 2016. They were made aware of the guidelines to be safe on the road by the Mumbai RTO.



SFIMAR Students & Faculty participated in the Run for Road Safety Marathon organized by Brahmakumaris

Academic Year 2016 – 17

Blood Donation Drive' in association with Bhagwati Hospital on 24.11.2016

Abhimaan, the ISR club of SFIMAR, organized the annual blood donation camp to commemorate the society's founder Bro Paulus Moritz in association with Bhagwati Hospital on 24.11.2016 in the assembly hall. Smt. Manisha Chaudhary, MLA, was the guest of honour for the blood donation drive.



Blood Donation Camp on 24.11.2016



Blood Donation Camp on 24.11.2016



Blood Donation Camp on 24.11.2016

ABHIMAAN CLUB – BLOOD DONATION-2016



ABHIMAAN CLUB – LIST OF BLOOD DONORS

24/11/2016

LIST OF DONORS

1. AKSHAY UGALE-MMS	27. BRAHAT S. SHETTY PGDM	56. ARULRAJ A NADAR-PGDM
2. FRANKLIN FELIX-ALUMNI	28. HARSHAD KARKAR - PGDM	57. DEBASISH PATTANAIK-PGDM
3. JUBIN DESAI-MMS	29. BHUPESH S JOSHI - PGDM	58. BIJAL H BHOJANI- PGDM
4. JOYLINE CASTELINO-MMS	30. ARPANA UPADHYAY - PGDM	59. RIDDHI B SINGH- MMS
5. MEET DHOKHA-MMS	31. RAVINA H BHUPTANI- PGDM	60. RINSON PAULSON- MMS
6. SEJAL MARIA-MMS	32. DHANASHREE M - PGDM	61. KAJAL V KANSWAL-MMS
7. MELISSA LEWIS-MMS	33. GOVIND J NAIR - PGDM	62. LORRAINE D'SOUZA - MMS
8. ALICIA D'SOUZA-MMS	34. KISHOR C PARMAR- PGDM	63. KENNETH S PEREIRA- MMS
9. KELVIN QUADROS-MMS	35. NINAD S SANKHE- PGDM	64. SHRUTIKA S PAWAR- MMS
10. SHRADDHA POOJARY- MMS	36. NIDHI DUBEY- PGDM	65. AISHWARYA M NAIR- MMS
11. ALISHA DMELLO- MMS	37. MOUMITA R DAS- PGDM	66. LOKESH S ZARBADE-PGDM
12. MERLIN ALVA- MMS	38. ASHWINI H KOTIAN- PGDM	67. DANIEL PEREIRA- MMS
13. DEVENDRA SINGH- MMS	39. KALPITA S MISAL- PGDM	68. AADESH SHARDA-PGDM
14. AISHWARYA TALEKAR- MMS	40. SHIVALI BOLLABATHINI- PGDM	69. MARILYN GONSALVESMMS
15. BHAGYASHRI MATE- MMS	41. ROLISON D'SILVA- MMS	70. MELWYN P. D'SOUZA-MMS
16. SAVIO ANTHONY- MMS	42. JASON ALMEIDA- MMS	71. BRANDON S ALMEIDA- MMS
17. VENKATRAMAN- FACULTY	43. SANDESH K. SHEDEKAR- MMS	72. DENNY D. KANAMKUDAM- MMS
18. JOEL F. CORREIA- MMS	44. RAJU B. PALLI- MMS	
19. EARL SAVIO D'SA- MMS	45. RON DENIS PEREIRA- MMS	
20. SOORAJ R. - PGDM	46. PRAYAS P. KALVANKAR- MMS	
21. HARSHVARDHAN SINGH- PGDM	47. RAYNER D'SOUZA- MMS	
22. SUVITA SHARMA- PGDM	48. RAVEENA RAMESH- MMS	
23. DANISH A. HAMID- PGDM	49. KEYUR H. SHAH- PGDM	
24. HARDIK S. DAVE- PGDM	50. RICHAL FERNANDES- MMS	
25. AISHWARYA SHETTY- PGDM	51. CHINMAY G. MHATRE- MMS	
26. TALIB Z. - PGDM	52. TANMAY MHATRE- MMS	
	53. NILESH S. MHADESHWAR- FACULTY	
	54. ZEESHAN HAIDER- FACULTY	
	55. JINJU TEKKEMURIYIL- MMS	

Marathon on 9th April 2017 to create awareness for better health and organ donation

SFIMAR Abhimaan club organized a Marathon on 09th Apr 2017 at Sanjay Gandhi National Park. About 70 participants gathered at SGNP at 5.45 am. The Marathon was flagged by Mr. Shashikant Zore (Ex Mumbai University Senate Member and Shivsena Upvibhag Pramukh Yuvasena). The route was defined as the SGNP gate to Kanheri Caves. The winner, Mr. Kelvin, covered the distance of 7 km in 35 minutes. Medals and certificates were participation certificates awarded to the runners. The amount collected from the event was donated to Shantiashram (Missionaries of charity by Mother Teresa).

Learning outcomes

- It instilled a sense of responsibility towards the community and society.
- Students learned about the importance and the process of donating organs.



Marathon on 9th April 2017



Marathon on 9th April 2017





Marathon on 9th April 2017





Marathon on 9th April 2017



Academic Year 2017 – 18

'Jagrut Mumbaikar' General Public Awareness Campaign on 7.09.2017

'Jagrut Mumbaikar,' a general public awareness campaign on security, was organized by the Mumbai Police in SFIMAR Campus on 7.09.2017. They emphasized the rules to stay safe and made all aware of cybercrimes,



General Public Awareness About Security – Jagruti Mumbaikar

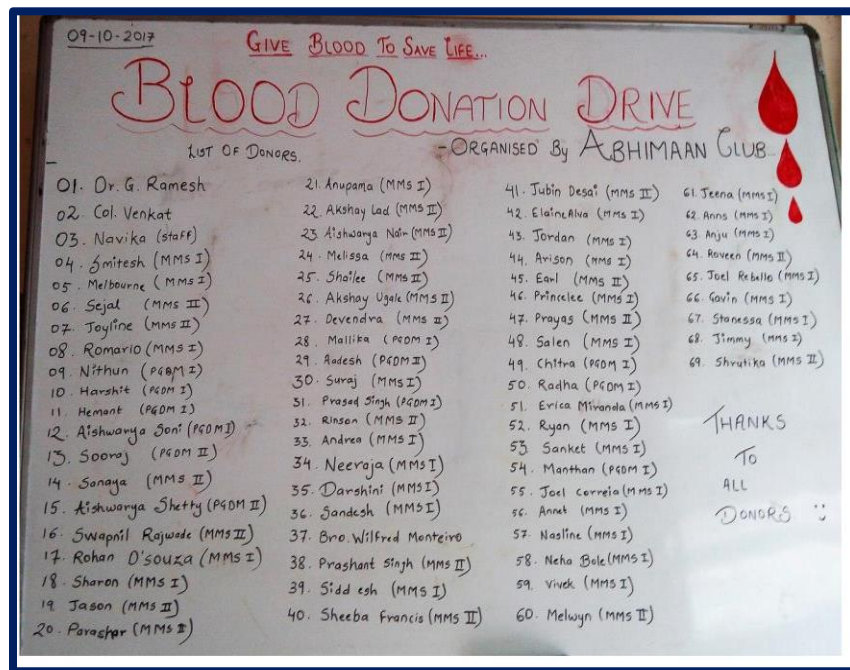
'Blood Donation Drive' in association with Bharat Ratna Dr. Babasaheb Ambedkar Municipality Hospital on 9.10.2017

On 09th October 2017, Abhimaan, the ISR club of St. Francis Institute of Management and Research (SFIMAR), successfully conducted the annual 'Blood Donation Drive' activities towards Institutional Social Responsibility (ISR). The drive was organized in association with Bharat Ratna Dr. Babsaheb Ambedkar Municipality Hospital, Borivali(W).

Abhimaan Club also conducted a pre-drive motivation talk by Dr. Nikita of Bharat Ratna Dr. Babsaheb Ambedkar Municipality Hospital on the Blood donation on 07th October 2017 for the students, faculty and staff. She explained the importance of donating blood and clarified the myths

associated with the noble act. She further gave examples of people who donate blood as a way to lead a healthy life. The pre-drive talk presented by the professional medical doctor certainly motivated the young crowd of the College. On 9th October 2017, SFIMAR Chairman Brother Alphonse Nesamony inaugurated the blood donation drive and wished all faculty, staff members, and students. Students and staff enthusiastically came in large numbers for donating blood. After recording essential background information, donors were tested for blood pressure, weight and hemoglobin by the doctor and medical staff of the hospital. Eligible donors were then carefully guided through the blood donation process by the nursing staff. Every year, Abhimaan Club faculty coordinator Prof Dr. G. Ramesh was the first to donate blood, followed by Col Venkatraman (Retd.) and Ms. Navika Pednekar. Students of MMS and PGDM followed suit. Abhimaan club student coordinators kept records of every registration and motivated the donors by their presence, personal attention and care.

The drive was a significant event for many first-time donors. Every donor was presented with a certificate and a donor card as a token of appreciation. A total of 69 donors donated blood during the drive.



Blood Donation Drive on 09th October 2017



Blood Donation Drive on 09th October 2017

White Cane Day Contribution

A sum of Rs 7500 was collected on the sale of flags on White Cane Day on 15th October 2017. The amount collected was sent to Indian Association for Blind (IAB) in the form of a DD, and e also received an appreciation letter from IAB to this effect.



Visit to Shantidaan, Borivali on 3rd November 2017

A team of SFIMAR faculty members and students visited Shanti Daan on 03rd November 2017 and spent quality time with the inmates. The inmates comprise of mentally and physically ill older adults and children (Boys). They donated groceries and medicines required by the inmates of Shanti Daan. The items were purchased using the contribution made by all the members of the SFIMAR fraternity. It was indeed a moment of pride when the inmates insisted that we visit them at regular intervals.



Visit to Shantidaan, Borivali on 3rd November 2017

Potential blood stem cell donor registry in association with The DATRI Group on 16.11.2017

A potential blood stem cell donor registry drive was conducted at St Francis Institute of Management and Research on 16th Nov 2017. The response from the students was very good.

Abhimaan ISR club organized the program in association with The DATRI group and reached out to approximately 125+ students in the Assembly Hall, where the representative of the Datri group, Mr. Vijay Falcao, conducted an awareness session. Out of the 125+ participants, 44 students registered themselves, including Dr. G Ramesh, as potential blood stem cell donors with DATRI. This is an excellent step for the College and DATRI. DATRI acknowledged it by distributing a certificate of registration to all registered. DATRI also INVITED SFIMARites to join as volunteers and help them in their vision of saving precious lives...



**Walkathon in association with Zonal Transplant Coordination Center (ZTCC, Mumbai) on
3rd February 2018**

Abhimaan, the ISR Club of St Francis Institute of Management and Research (SFIMAR), organized a walkathon on 03rd February 2018 with Zonal Transplant Coordination Center (ZTCC, Mumbai).

The walkathon was undertaken from SFIMAR Gate No 5 to Sanjay Gandhi National Park (SGNP) entrance gate and back. The total distance was about 7 km. A total of 107 comprising faculty and staff members, including Chairman and Director and MMS, PGDM and Part-time students, participated enthusiastically. The walkathon's theme was ORGAN DONATION, and all through the walkathon route, the participants supported by ZTCC staff created a strong impact among the general public on the importance of Organ Donation through sloganeering and placard display. Each participant was provided with a participation certificate, a T-shirt and a Cap.

Objective

To make the students and surrounding community aware of the importance of organ donation.

St. Francis Institute of Management and Research

WALK-A-THON

Walk, for a cause
organised by

ABHIMAAN CLUB

Theme: **ORGAN DONATION**

Date: 3rd February, 2018
Route: SFIMAR to SGNP and back
Time: 7am flag off from SFIMAR
Registration fee: Rs 100*

*T-shirt, cap, participation certificates, snacks



Walkathon on 3rd February 2018



Walkathon on 3rd February 2018




Academic Year 2018 – 19

Contribution to Flood Relief Work in Kerala

As a part of its ISR Initiative, St Francis Institute of Management and Research contributed Rs 500000 for Flood Relief Work in Kerala.

FRANCISCAN BROTHERS
(CHARITABLE SOCIETY)
(SOCIETY REGISTERED UNDER THE TRAVANCORE COCHIN LITERARY, SCIENTIFIC AND CHARITABLE SOCIETIES REGISTRATION ACT. XII OF 1955. S. NO. 2, DATED 21-01-1964)
JAYAMATHA INSTITUTE, NALANCHIRA, TRIVUVANANTHAPURAM-695 015, KERALA. PH & FAX. 0471-2440755

No. 004 Date: 21.08.2018

Received with thanks from Society of the Congregation of the Franciscan Brothers M.D.P.
the sum of Rupees Two Lakh ~~Five~~ Fifty Thousand only by Cash/RTGS/cheque No. RTGS
in account of Flood Relief work in Kerala
Rs. 2,50,000/- 

**THE FRANCISCAN BROTHERS**
(CHARITABLE SOCIETY)
(SOCIETY REGISTERED UNDER THE TRAVANCORE-COCHIN LITERARY, SCIENTIFIC AND CHARITABLE SOCIETIES REGISTRATION ACT. XII OF 1955. S. No. 2 Dated 21-01-1964)
Jayamatha Institute, Nalanchira, Trivandrum-695 015, Kerala. Ph & Fax. 0471-2440755

21 August, 2018

To
Chairman,
St. Francis Institute of Management and Research (MDP)
Mount Poincur
Borivali, Mumbai

The Society of Franciscan Brothers, Jayamatha Institute, Trivandrum gratefully acknowledge with gratitude the generous contribution by St. Francis Institute of Management and Research (M.D.P) towards the **Flood relief fund of St. Thomas Province.**

Your gesture of generosity is an indication of feeling with devastated by flood. It will definitely support us to alleviate some extend the suffering of many who lost their, houses, cultivation, house articles etc. We assure you that it will reach the beneficiaries to build their life. May God bless you abundantly for your good will.

Fraternally Yours


Bro. Salu. A.C
Secretary & Treasurer



SFIMAR ALUMNI ASSOCIATION

(Registered under the Bombay Public Trusts Act 1950 and the Societies Registration Act 1860 bearing Certificate No. 1320 of 2008 dated 17/7/08)

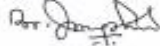
EXTRACT OF THE RESOLUTION PASSED BY THE MANAGEMENT OF
SFIMAR ALUMNI ASSOCIATION AT THE MEETING HELD ON 20TH AUGUST 2018.

In light of the unprecedented devastation & havoc caused by floods throughout Kerala, the management of 'SFIMAR ALUMNI ASSOCIATION' met on the 20th of August 2018 to discuss the contribution it can make to support the relief & rehabilitation work being carried out in Kerala. The members present considered the proposal and passed the following Resolution.

RESOLUTION:

RESOLVED that, unanimously by the management of the 'SFIMAR ALUMNI ASSOCIATION' as a gesture of our solidarity & concern for our fellow countrymen in Kerala, to contribute an amount of Rs.2,50,000/- (Two lakh and fifty thousand only) towards the "Kerala Distress & Flood Relief Drive. It is hereby approved and adopted.

For SFIMAR ALUMNI ASSOCIATION



CHAIRMAN/HON. SECRETARY

C/o St. Francis Institute of Management & Research, MI, Poinser, SVP Road, Borivli (West)
Mumbai - 400 103. Tel.: 28917089 / 28958403 Fax: 28906567
E-mail: saa@sfimar.org Website: www.sfimar.org

FRANCISCAN BROTHERS

(CHARITABLE SOCIETY)

(SOCIETY REGISTERED UNDER THE TRAVANCORE COCHIN LITERARY, SCIENTIFIC AND CHARITABLE SOCIETIES REGISTRATION ACT, XII OF 1956, S. NO. 2, DATED 21-01-1964)
JAYAMATHA INSTITUTE, MALANCHIRA, THIRUVANANTHAPURAM- 695 015, KERALA. PH & FAX: 0471-2440766

No. 003

Date: 21.08.2018

Received with thanks from St. Francis Alumina Association

the sum of Rupees Two Lakh Fifty thousand only

by Cash/RTGS/cheque No. RTGS

on account of Flood Relief work in Kerala.

Rs. 2,50,000/-

Signature

Blood Donation Drive' in association with Borivali Blood Bank on 30.11.2018

On 30 November 2018, Abhimaan, the ISR club of St. Francis Institute of Management and Research (SFIMAR), successfully conducted the annual 'Blood Donation Drive' aimed towards Institutional Social Responsibility (ISR). The Drive was organized in association with Borivali Blood Bank.



Blood Donation Drive on 30.11.2018

Training by Indian Development Foundation for Student Leadership Programme

As part of the Abhimaan Club, Institutes Social Responsibility initiatives, an MOU was signed with Indian Development Foundation (IDF) on 30th January 2019 for participating in their Student Leadership Program (SLP). The Student Leadership Program (SLP) is a community program designed to equip students with tangible skills to explore options beyond the classroom. SLP encourages higher grades, lifelong learning and personal development. The program focuses on giving students skills and life experiences that will benefit them. In all, 32 students from the Institute participated and they all received Certificates on successful completion of their assigned hours at two Government Schools - Pragati School Gorai and Cosmos School Borivali. The

students who participated were very enthusiastic and felt a sense of achievement of giving back to society.

Objectives

- To create young leaders in school
- To involve students in educating kids in govt. schools

Outcomes

Develop the Management Students into socially responsible citizens and induce social sensitiveness into students, which is an essence of a prudent and ethical manager.

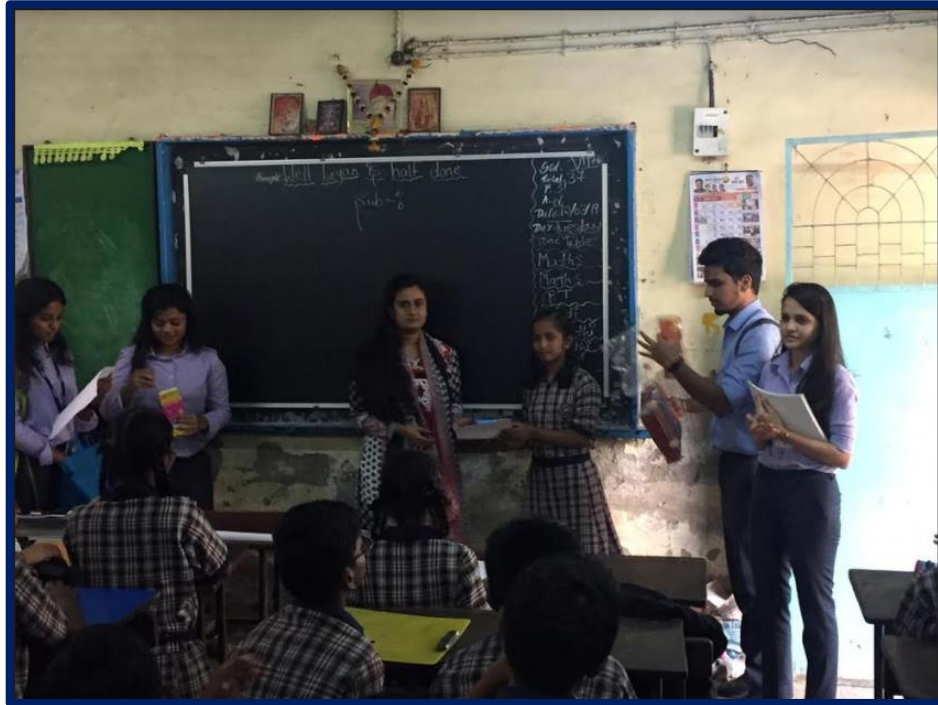


MOU was signed with Indian Development Foundation (IDF) on 30th January 2019





SFIMAR students participating in Student Leadership Programme



Participation in the Goregaon Sports Club (GSC) Marathon on ‘World Cancer Day’ on 3rd February 2019

The Goregaon Sports Club (GSC) organised a marathon for cancer awareness on ‘World Cancer Day’ on 3.02.2019. The Goregaon Sports Club (GSC) marathon kicked off with great fanfare, as the ‘Manmarziya’ actress Tapsee Pannu flagged off the run. The Marathon was led by Lady Chairman Rajshri Panchal. 31 students from SFIMAR participated in the GSC’s marathon to support the noble cause and to spread cancer awareness.





Goregaon Sports Club (GSC) Marathon on 'World Cancer Day'
on 3rd February 2019



Academic Year 2019 – 20

Participation in the ‘Sarova Fun Run with Mirchi’ organized by Radio Mirchi on 22nd September 2019

Radio Mirchi and the Sarova Hotel Group from the UK organized ‘Sarova Fun Run with Mirchi’ on 22.09.2019. The event started at 7 am on September 22, 2019, from Samta Vidya Mandir in Mumbai. From here, they started the 3 km run and completed it for a fruitful experience. 33 students from SFIMAR along with Mr Nilesh Mahadeshwar participated in the run. The Sarova Fun Run provide the much-needed break from the daily routine and pepped up everyone’s morning schedule. An awareness was created to spread the message of fitness.



Participation in the ‘Sarova Fun Run with Mirchi’ on 22.09.2019



Training by Indian Development Foundation for Student Leadership Programme

Students from the Institute participated in the Student Leadership Programme and they all received Certificates on successful completion of their assigned hours at School – Malad Kandivali Education Society. The students who participated were very enthusiastic and felt a sense of achievement of giving back to society.

INDIAN DEVELOPMENT FOUNDATION (IDF)



Students' teaching at Malad-Kandivali Educational Society

'Blood Donation Drive' in association with Bhagwathi Hospital on 19.11.2019

On 19 November 2019, Abhimaan, the ISR club of St. Francis Institute of Management and Research (SFIMAR), successfully conducted the annual 'Blood Donation Drive' aimed towards Institutional Social Responsibility (ISR). The Drive was organized in association with Bhagwati Hospital.



Blood Donation Drive on 19th November 2019

Stem Cell Donation in association with Datri on 19.11.2019

On 19 November 2019, Abhimaan, the ISR club of St. Francis Institute of Management and Research (SFIMAR), successfully conducted the Stem Cell Donation as part of Institutional Social Responsibility (ISR) activities. The Drive was organized in association with Datri Group on 19.11.2019.



Stem Cell Donation on 19.11.2019

Contribution to the Maharashtra Chief Minister's Relief Fund Covid – 19 on 7.04.2020

The faculty and staff members of SFIMAR made a voluntary contribution of their one day's salary of Rs 91683 to the Chief Ministers Relief Fund Covid on 7th April 2020



SFIMAR - (from 1-Apr-2018)
 Mt. Painsur, S.V.P Road, Borivali (W), Mumbai 103.
 State Name : Maharashtra, Code : 27

Payment (MBA-FULLTIME) Voucher

No : _____ Dated : 31-Mar-2020

Particulars	Amount
Account : Chief Minister's Relief Fund - COVID 19	91,683.00
Through : The Catholic Syrian Bank Ltd.	
On Account of : CSB Bank for NEFT (Chief Minister's Relief Fund - COVID 19) - 1 day sal cont. from Mar'20 sal - chq no. 103156	
Bank Transaction Details: Yourself for NEFT Cheque 103156 31-Mar-2020 91,683.00	
Amount (in words) : INR Ninety One Thousand Six Hundred Eighty Three Only	91,683.00

Receiver's Signature: *M. Rodrigues*
 PREPARED BY: _____ CHECKED BY: _____
 Authorised Signatory: *[Signature]*

Voluntary contribution of one day's salary of faculty/staff members to "Maharashtra Chief Minister's Relief Fund Covid - 19" on 7.4.2020

from 1-Apr-2018

Use : UTR No. **C S B K N 2 0 0 9 8 0 0 1 4 9 1**

Message Entered By : *[Signature]* Message Authorised By : _____

The Catholic Syrian Bank Ltd.

Name of sender	SFIMAR (SOCIETY OF THE CONGREGATION OF FRANCISCAN BROTHERS)
Amount Rs.	91,683/-
Name of Receiver	CHIEF MINISTER'S RELIEF FUND - COVID 19
Bank & Branch	SBI, MAIN BRANCH, FORT, MUM - 23
Alc No.	39239591720
IFS Code	SBIN000300
UTR/Ref. No.	CSBKN20098001491
Date:	07-04-2020

Authorised Signatory: *[Signature]*

Ration Distribution to Housekeeping and Security Staff

During the initial lockdown on account of the outbreak of covid 19, the Institute as its Social Responsibility Initiatives distributed ration and essentials to the housekeeping and security staff.



Ration distribution to Housekeeping and Security Staff





Ration distribution to Housekeeping and Security Staff



COVID Initiatives

► COVID Initiatives

The advent of COVID 19 pandemic witnessed significant achievements in the governance, functioning and teaching learning process at SFIMAR.

- Online learning through Microsoft teams, Zoom and Google Classrooms.
- Examinations through Auto proctoring mode of Google forms.
- Paperless working through the Institute's ERP for admissions, attendance, examination, results declaration, examination, etc.
- Classroom engagement through online pedagogies of Padlet, Quizziz, Kahoot, etc.
- Faculty members were supported to undertake up skilling activities in pedagogical areas and improvised their teaching delivery through online modes during the pandemic.
- E-Management games such as treasure hunt, essay writing, case study, and singing were organised for MBA aspirants.
- Students support through webinars, counselling and many other mental wellbeing activities
- Online convocation for the MMS/PGDM and part time MMM/MFM programmes was successfully organised.
- Research paper competition was organised for the SFIMAR students to develop their research aptitude.
- Encouraging faculty, staff and students to participate in Boost Immunity Workshop.
- Mentor-mentee interactions were conducted to focus on the mental health and overall wellbeing of the students.
- Clubs and Forums at SFIMAR conducted online events such as 'Art of photo frame making' by Malay dub.
- Students were motivated and supported to participate in many online competition for their holistic development.
- Guest lectures were conducted on entrepreneurship by 'Prerna Club' and 'Happithon session' by the mindfulness centre.
- Measures adopted to create awareness about COVID 19 and maintain hygiene by placing many sanitizer stands in the campus, regular sanitization, temperature check at the entrance, activities maintaining low touch like face recognition for biometric machine etc.





St. Francis Institute of Management and Research

(SFIMAR)

Green Club

Introduction

SFIMAR Green Club empowers students to participate in meaningful environmental activities like tree plantation, awareness drives and knowledge development related to social entrepreneurship for management students. It is a forum through which students can influence and engage their parents and neighborhood communities to promote good environmental behavior. It will empower students to explore environmental concepts and actions beyond the confines of a syllabus or curriculum. While everyone asserts the importance of 'learning to live sustainably,' environment remains a peripheral issue.

The details of a few of the activities undertaken by the club are enumerated below-

Activity 1: Tree Plantation

Objectives

1. To develop the closeness/connection to nature and love for Mother Earth
2. To understand the importance of care for the environment and giving back to the society

Practice

St Francis Institute of Management & Research (SFIMAR) propagates sustainable ways in all the practices within the campus.

- In 2016 medicinal plants were planted. Medicinal trees Plantation was organized on 1st July 2016. Trees like Tulsi, Neem, Aloe Vera, Gotu Kola, Lemon Grass, Khus etc., were planted.
- In 2017 around 100 saplings were planted (including floral and ornamental plants for beautification)
- In July 2018, approximately 50 saplings were planted within the campus.
- Due to heavy rainfall and soil erosion, few plants did not survive, replaced by the saplings donated by students in 2019. SFIMAR Green Club members discussed and decided to carry out a research study on the hydroponic system of cropping on a practical note. The project aimed to establish organic vegetable cultivation using a hydroponic cropping technique on a small scale in about 200 to 300 square feet of land. The project concentrated on cultivating vegetable crops/green leaves using mineral nutrients solutions, in water, without soils. Students of the 2019-21 batch took the initiative and cultivated spinach on the campus.
- During the lockdown period in 2020, proper care of saplings was not feasible, which led to further damage, but the institute took immediate action post lockdown to improve the situation. Beautification was done in the front part of the institute. Also, because of lockdown, the hydroponic initiative was stopped. Later rose saplings were planted in that area.

Students and the campus supervisor nurtured the plants by taking periodic measurements of the plants and providing timely fertilizers. It has been a regular ritual in SFIMAR for the students to water and interact with the plants. Also, the students have initiated to donate saplings for the college campus every year.

Learning Outcome

Students learned to take responsibility by caring for the plants, gained leadership and teamwork skills, care for nature and the environment, and developed self-confidence.



Planting Medicinal Plants on 1.7.2016





Tree plantation on 28.10.2017



Name of the Species	Amelanchier (Amelanchier)
Botanical Name	Amelanchier fraxinifolia
Useful part	Fruit, wood
Uses	Decorative, wood for furniture

Name of the Species	Lemon Grass
Botanical Name	Cymbopogon citratus
Useful part	Leaves
Uses	Tea, oil



Planting floral Plants on 25.11.2017



Tree Plantation on 02.07.2018



Tree Plantation on 02.07.2018



Tree Plantation Team



Tree height measurement and numbering activity on 16.10.2018



Tree height measurement and numbering activity on 16.10.2018



Students taking an interest in Hydroponic Crop Cultivation



Hydroponic Crop Cultivation in SFIMAR Campus

Activity 2: Awareness Drive & Knowledge Development

Objectives

1. Creating awareness about the environment and the need for its sustainability
2. Acquire knowledge regarding the theory and practice of cultural and production techniques and methods of various plants.

Practice

1. **2015-16:** 'Go Green Pledge' was taken on 25th January 2016 by the faculty, staff, and students. A Tree Plantation Drive was also conducted on 26th January 2016.
2. **2016-17:** Debate on Swachh Bharat Abhiyaan organized by Green Club on 07th October 2016.
3. **2017-18:** Guest lecture organized on "Nursery Management" by Mr. Bharat Soni, M.D. of Go Green Nursery on 16th February 2018.
4. **2018-19:** SFIMAR, known for its involvement in various social activities benefiting society, organized an awareness campaign in association with the NGO, Green Yatra, a leading environmentalist of Mumbai towards protecting, conserving and the betterment of

the environment through a street play on tree plantation, with the slogan "**Ped lagao Jeevan Bachao**" in some of the biggest malls in Mumbai, i.e., Maxus, Growels and the Raghuleela on the 25th & 26th of August 2018 followed by a rewarding contest.

5. **2018-19:** Go Green Nursery visit was conducted on 26th January 2019, where all green club members (staff and students) spent their whole day understanding the dos and don'ts with plants.
6. **2019-20:** A team of 12 students and 06 faculty/staff of the Green Club from SFIMAR went on a field trip to Bassien Agro Farms near Arnala Beach, Virar West, on 09th January 2020, to develop an understanding of Hydroponics and Inorganic farming.

Learning Outcome

Students learned about the various business opportunities in organic farming, Hydroponics, Nursery Management and social entrepreneurship and the broad understanding of the technology and infrastructure needed to establish the same.



Pledge for 'Go Green' on 25.01.2016



Pledge for 'Go Green' on 25.1.2016



Tree plantation drive on 26.1.2016



Students participating in Debate competition - "Swachh Bharat Abhiyan: Publicity Stunt or Making a Difference?" on 7th October 2016.



Winners of Debate competition - "Swachh Bharat Abhiyan: Publicity Stunt or Making a Difference?" on 7th October 2016.



'Ped lagao Jeevan Bachao' Campaign at Growels Mall, Mumbai



'Ped lagao Jeevan Bachao' Campaign at Raghuleela Mall, Mumbai



Go Green Nursery Visit on 28.01.2019



Go Green Nursery Visit on 26.01.2019



Bassien Agro Farms Visit on 09.01.2020



Bassien Agro Farms Visit on 09.01.2020



St. Francis Institute of Management and Research

(SFIMAR)

Campus Hygiene and Cleanliness Committee

Objective

- To Maintain Cleanliness and Hygiene in the institute campus.
- To promote the importance of Cleanliness and Hygiene among students and staff members

Scope of Coverage

Every academic year ten-member committee would be formed to examine the campus Cleanliness and Hygiene Committee. There will be four members from the student community, both from MMS and PGDM programs. Committee will also have a fair representation of faculty and staff members. The maintenance department head will always be part of the committee. Committee will create awareness about Cleanliness and Hygiene among students and staff members. If there are any period issues related to Cleanliness and Hygiene, the committee would try and take appropriate actions to solve the issues. They will impose a fine of Rs.500 on the person making campus dirty in any manner.

Roles and Responsibilities

Student members are responsible for observing, correcting, and reporting any misdoing by fellow students, adversely impacting institute campus cleanliness. Faculty and staff members who are part of the campus Cleanliness and Hygiene Committee are expected to observe and correct any ignorant behavior that will adversely impact campus cleanliness. The maintenance department head is expected to ensure his staff clean the campus with appropriate frequency. If any periodic requirement, e.g., Toilet soap, comes up, he is expected to fulfill it with approvals. The chief coordinator is responsible for the overall maintenance of the campus.

Awareness Programmes on Segregation of Wet Waste and Dry Waste

The Hygiene Committee of SFIMAR conducted an awareness talk on the segregation of Dry and Wet waste to create awareness amongst students, faculty and staff members on 3rd November 2017 at 3 p.m. in Assembly Hall. The session was conducted by Mr. Gurashish Sahni - Swachh Sustainable Solutions Pvt Ltd. They learned the importance of segregating wet and dry waste and contributing to the 'Swachh Bharat Abhiyan campaign.'

09/08/2021

St Francis Institute of Management & Research Mail - Awareness talk on "Segregation of Dry and Wet Waste"



smita jesudasan <smita@sfimar.org>

Awareness talk on "Segregation of Dry and Wet Waste"

natika poddar <natika@sfimar.org>

Thu, Nov 2, 2017 at 12:13 PM

To: SFIMAR FAMILY <sfimartm@sfimar.org>

Dear all, There's Circular from Government-BMC to follow segregation of Dry and Wet waste as a part of Swachh Bharat Abhiyan, to be followed by all the citizens organisations. SFIMAR would be contributing to this noble cause in form creating awareness amongst students, faculty members, staff, support staff, about segregation of Dry and Wet waste, its objective, importance on 3rd Nov, 2017 at 3 p.m. in Assembly hall. Talk would be Conducted by Mr. Gurashish Sahni - Swachh sustainable solutions pvt ltd. The resource person is organised by Incharge Person from Solid waste Management.

All are requested be present for the same.

Dr. Natika Poddar
Associate Professor-Finance
Programme Head-MFM/MMM



Awareness Session on Segregation of Wet Waste and Dry Waste on 03rd November 2017



Awareness Session on Segregation of Wet Waste and Dry Waste on 03rd November 2017



Awareness Session on Segregation of Wet Waste and Dry Waste on 03rd November 2017

The Hygiene Committee of SFIMAR conducted an awareness talk on segregation of Dry and Wet waste to create awareness amongst students, faculty and staff members on 11th September 2018 at 10.00 a.m. in Assembly Hall. The session was conducted by Mr. Gurashish Sahni - Swachh Sustainable Solutions Pvt Ltd. They learned the importance of segregating wet and dry waste and contributing to the ‘Swachh Bharat Abhiyan campaign.’



Awareness Session on Segregation of Wet Waste and Dry Waste on 11th September 2018

09/08/2021

St Francis Institute of Management & Research Mail - Awareness talk on "Segregation of Dry and Wet Waste"



smita jesudasan <smita@sfimar.org>

Awareness talk on "Segregation of Dry and Wet Waste"

natika poddar <natika@sfimar.org>
To: SFIMAR FAMILY <sfimartm@sfimar.org>

Fri, Sep 7, 2018 at 4:32 PM

Dear all, There's Circular from Government-BMC to follow segregation of Dry and Wet waste as a part of Swachh Bharat Abhiyan, to be followed by all the citizens /organisations. SFIMAR's Hygiene and Cleanliness committee would be contributing to this noble cause in form of creating awareness amongst students of MMS 1 year, faculty members, staff, support staff, about segregation of Dry and Wet waste, its objective & importance on 11/9/2018 at 10 a.m. in Assembly hall. Talk would be Conducted by Mr.Gurashish Sahni -Swachh sustainable solutions pvt ltd.

[Quoted text hidden]


Awareness Session on Segregation of Wet Waste and Dry Waste on 11th September 2018



Awareness Session on Segregation of Wet Waste and Dry Waste on 11th September 2018

Hygiene Committee Observance week in SFIMAR campus from 12th February 2019 to 16th February 2019

09/08/2021 St Francis Institute of Management & Research Mail - Hygiene Observance week

smita jesudasan <smita@sfimar.org>

Hygiene Observance week

1 message

natika poddar <natika@sfimar.org> Thu, Jan 31, 2019 at 4:00 PM
To: SFIMAR FAMILY <sfimartm@sfimar.org>

Dear all, Hygiene committee of St. Francis Is observing Hygiene observance week from 12/2/2019 to 16/2/2019 from 8.30 am to 5.30p.m at SFIMAR campus.

Support to maintain neat and hygiene campus.

This is in concurrence with Chairman and I/C director.

Dr.Natika Poddar
Associate Professor-Finance
Programme Head-MFM/MMM

Hygiene Committee Observance week from 12/2/19 to 16/2/2019

The hygiene committee observed Hygiene and cleanliness week from 12/2/19 to 16/2/2019.

Day 1: Instructions to the housekeeping staff were given, and the cleanliness was monitored near the Canteen area and Dolphin area. Even canteen kitchen and premises for maintenance of Hygiene and cleanliness were monitored.

Day 2: Washroom's cleanliness was monitored, and housekeeping staff was instructed to refill soap dispensers, tissue papers. Some of the washrooms were not cleaned. Instructions were given to clean them and to spray room freshener.

Day 3: The drinking water area was instructed to be kept clean. The parking area and open space had dried leaves, bottles, and wrappers. They were removed, and the surroundings kept clean.

Day 4: The chess area (1st-floor terrace) was instructed to be cleaned. The cleanliness of the ground was monitored.

Day 5: Entire campus was monitored for the maintenance of neatness and cleanliness.



Hygiene Committee Observance week in SFIMAR Campus



Hygiene Committee Observance week in SFIMAR Campus





Hygiene Committee Observance week in SFIMAR Campus





St. Francis Institute of Management and Research

(SFIMAR)

Report on the Rally and Drive organized by the Hygiene Committee and Abhimaan – the ISR Club in association with an NGO – Green Yatra

As a part of hygiene initiative and as an extracurricular activity for the Post Graduate Management students, the Hygiene committee of SFIMAR and Abhimaan, the Institute Social Responsibility club of SFIMAR, in association with Green Yatra - A notable NGO organized a rally on 'No use of plastic bags' on 29 September 2018.

Another activity as a follow-up to the rally was conducted on 03 October 2018 in the SFIMAR campus, wherein plastic bags/bottles were collected. In exchange, all those who deposited the plastic bags/bottles were provided with an environment-friendly cloth/paper/nonplastic bag, subject to the condition that a minimum of 1/2 kg and a maximum of 1 kg of plastic bags/bottles will only be accepted from an individual.

The details of both the activities are appended below.

- (a) Rally on the theme "No use of Plastics" and its awareness.

Date: 29 Sep 2018

Venue: From SFIMAR Gate no 5.to I.C. Colony and back.

Objective: To create strong awareness among the general public on the non-usage of plastic bags/bottles and usage of environment-friendly items such as Cloth/ paper bags.

Timing: 05 pm to 07 pm

Street Play: A street play by a group of students was executed en-route the rally at select strategic locations.

(b) Follow up activity in the campus on "Clean drive and Plastic ban" Date: 03 Oct 2018

Venue: SFIMAR Campus

Objective: To facilitate the exchange of plastic bags/bottles (minimum 1/2 kg and maximum 1 kg) with cloth/paper bags.

Timing: 10 am to 02 pm

Both the activities were successful and well-received by the public. About 30 kg of plastic bags and bottles were collected and deposited to the NGO Green Yatra team. A collage of select photographs is put up below.

Photos of Rally organized on 'No Use of Plastic' on 29 September 2018



The participants ready to commence the rally



Brother Alphonse Nesamony, Chairman, SFIMAR flagging off the rally



A section of the participants' crowd during the rally



A view of the participants during the rally.



Another view of student participant's with Chairman, Registrar and faculty member during the rally.



The street play team performing the street play on **No use of plastics** at Mandapeshwar cave ground, Shivaji Nagar



The street play team performing conveying the message on No use of plastics at Mandapeshwar cave ground, Shivaji Nagar.

The street play team performing the street play on **No use of plastics** at the second spot opposite Mary Immaculate School.



The street play team performing the street play on **No use of plastics** at the third spot near the market area of I.C. Colony



A group photo at the second spot of the street play (Opposite Mary Immaculate School)



A group photo of the participants at the completion the rally



Brother Xavier Munda, Registrar, SFIMAR of distributing certificate of participation to one of The performer of the street play team.

Photos of 'No Use of Plastic' Drive Organized on 03 October 2018



Dr. Natika Poddar handing over the cloth bag to Ms. Sailee Deshpande as an appreciation of bags.



The student coordinator handing over the cloth bag to a visitor as an appreciation of depositing plastic and bottles



Student coordinators are visiting door to door at Shivaji Nagar slum to collect the plastic bags and bottles. Cloth bags were given as an appreciation for depositing plastic bags and bottles.



St. Francis Institute of Management and Research (SFIMAR)

Mindfulness Club

Academic Year 2015 – 16

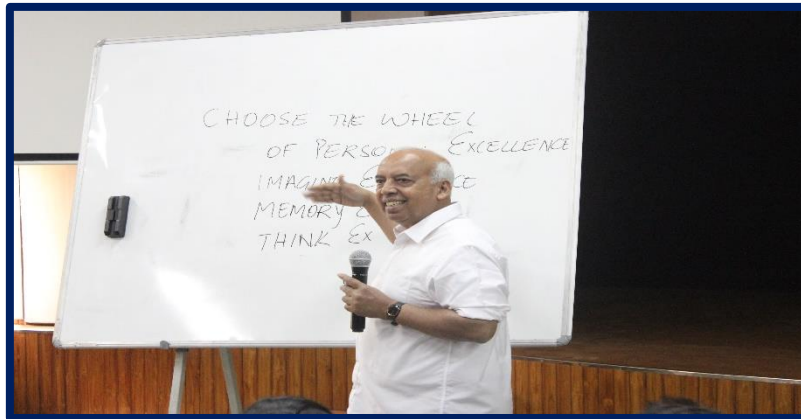
Session on enhancing self-potential and career skills on 9 January 2016

A session on enhancing self-potential and career skills was conducted by Fr Ittoop on 9 January 2016 in the Assembly Hall for the First Year MMS and PGDM students. The primary purpose of conducting this program was to achieve control of one's thoughts and emotions. The programme provided training to the students to focus on inner peace and never be lost in thoughts. They understood the valuable skills required to prosper in one's career.



Session on enhancing self-potential and career skills by Fr Ittoop on 9 January 2016

Session on Enhancing self-potential and career skills by Fr Ittoop on 9 January 2016




Academic Year 2016 - 17

Session on enhancing learning skills and stress management on 12 October 2016

A session on Enhancing Learning Skills and Stress Management was conducted by Dr. Hiten Patel, a renowned orator and curator of diseases through mindfulness and naturopathy, on 12 October 2016 for the first year of MMS and PGDM Students in the Assembly Hall from 3.30 to 5.00 pm. The program's primary purpose was to provide mindfulness training to students to enhance their learning skills and manage their stress levels. The students were motivated to improve their self, confidence and anxiety control.

14/08/2021

St Francis Institute of Management & Research Mail - Session on "Enhancing Learning Skills"



Jackson John <jackson@sfimar.org>

Session on "Enhancing Learning Skills"

Shilpa Peswani <shilpa.peswani@sfimar.org> Wed, Sep 21, 2016 at 3:39 PM
To: Faculty <faculty@sfimar.org>

Dear All,

Mindfulness Center is organizing a session on "Enhancing Learning Skills" by Dr. Patel, PhD in Mindfulness for our 1st year MMS and PGDM students on 12th October, 2016 from 3.30 to 5 pm.

I request you all not to plan anything else for the students in the said slot.

Regards

—
Shilpa Peswani
Asst. Professor - Finance

St. Francis Institute Of Management & Research
Mt. Painsur, SVP Road,
Borivali (W), Mumbai -400103
Mobile - +91-7208744515
Tel - 022-28917089 -46
www.sfimar.org

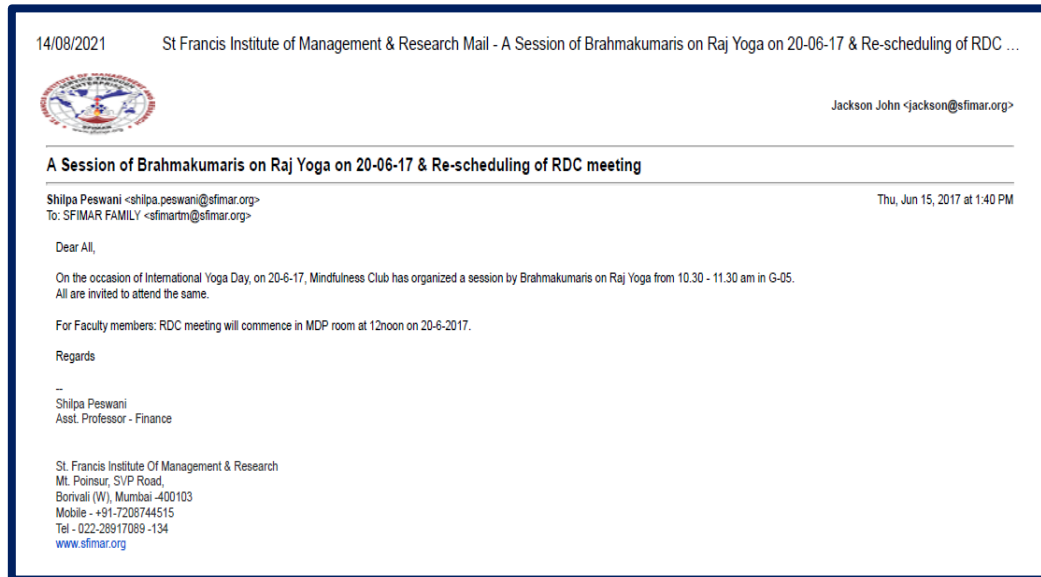


Session on enhancing learning skills and stress management on 12 October 2016



Session on Raj Yoga by Brahmakumaris on 20 June 2017

A session on Raj Yoga was conducted by Brahmakumaris on 20 June 2017 in G05 from 10.30 am to 11.30 am. The session was organized on account of the International Yoga day celebrations.



Session on Raj Yoga by Brahmakumaris on 20 June 2017



Session on Raj Yoga by Brahmakumaris on 20 June 2017

Academic Year 2017 – 18

Session on Ethics and Meditation on 4 November 2017

Sr. Judy Johnson conducted a session on Ethics and Meditation on 4 November 2017 for the students and faculty members in the Assembly Hall from 11 am to 12.30 pm. The primary purpose of conducting this programme was to make the students aware of what actions contribute to personal well-being and which do not. They understood that ethical and unethical actions impact behavior and meditation is a technique that can be used to improve overall well-being.

14/08/2021

St Francis Institute of Management & Research Mail - Session by Sister Judy Johnson



Jackson John <jackson@sfimar.org>

Session by Sister Judy Johnson

Shilpa Peswani <shilpa.peswani@sfimar.org>
To: SFIMAR FAMILY <sfimartn@sfimar.org>

Tue, Oct 31, 2017 at 1:02 PM

Dear All,

SFIMAR is organizing a session by Sis Judy Johnson on 'Ethics and Meditation' on 4th November, 2017 from 11 am to 12.30 pm in room no. G5.

Sister Judy Johnson is active in the field of experiential learning, leadership development and organizational effectiveness for 35 years. She studies Raja Yoga meditation and currently coordinates the activities of the Brahma Kumaris meditation centre in Halifax, Canada.

All faculty and staff are required to attend the session.

Thanks and Regards

—
Shilpa Peswani & Jackson John
Mindfulness Center

St. Francis Institute Of Management & Research
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Borivli (W), Mumbai -400103
Mobile - +91-7208744515
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www.sfimar.org




Session on Ethics and Meditation on 4 November 2017



Motivational Seminar on 28 February 2018

The Mindfulness Centre organized a motivational seminar on 28 February 2018 in Room No 204 from 11.30 am to 12.45 pm. The topic of the lecture was 'Tools for Self Leadership' and delivered by Bro. Gullimore Simo (Spain). He emphasized that to be a leader, one should learn to persuade others and adopt winning ideas. The attendees were made aware of tools that could be used for individual growth and to elevate leadership capabilities.

14/08/2021 St Francis Institute of Management & Research Mail - Motivational Seminar by Bro. Gullimore Simo (Spain) on 28-2-2018

 Jackson John <jackson@sfimar.org>

Motivational Seminar by Bro. Gullimore Simo (Spain) on 28-2-2018

Shilpa Peewani <shilpa.peewani@sfimar.org>
To: SFIMAR FAMILY <sfimartm@sfimar.org>, augustinekurias@yahoo.com

Mon, Feb 26, 2018 at 1:05 PM

Dear All,

Mindfulness Center is organizing a Motivational Seminar by Bro. Gullimore Simo (Spain) on 28-2-2018 from 11.30 am to 12.45 pm in class no. 204.

He is an excellent orator and facilitator on diverse topics, with emphasis on ethics and meditation. A brief profile of his is attached herewith.


The medium of instruction will be English. The topic of the lecture is 'Tools for Self Leadership'.

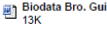
All are requested to attend the same and gain valuable insight. Kindly align your work accordingly.

Regards
Shilpa Peewani
Asst. Professor - Finance

St. Francis Institute Of Management & Research
Mt. Painsur, SVP Road,
Borivali (W), Mumbai - 400103
Mobile - +91-7208744515
Tel - 022-28917089-46
www.sfimar.org

2 attachments

 Bro. Guillermo Simo.JPG
184K

 Biodata Bro. Guillermo Simo .docx
13K




Academic Year 2018 – 19

Session on Emotional Transformation on 17 November 2018

Session on Emotional Transformation was conducted on 17 November 2018 by Mr. Ganesh Vaidyanathan from 11.00 am to 12.30 pm. This was conducted in association with the Chinmaya Yuva Kendra. Students learned that fears, beliefs, and emotions impacted their behavior as they cause stress, unhappiness, and anxiety. They learned effective ways to manage their emotions and curb their stress levels.

14/08/2021 St Francis Institute of Management & Research Mail - Fwd: Mindfulness Session at SFIMAR on 17-11-2018



Jackson John <jackson@sfimar.org>

Fwd: Mindfulness Session at SFIMAR on 17-11-2018

Shilpa Peswani <shilpa.peswani@sfimar.org>
To: Jackson John <jackson@sfimar.org>, G Ramesh <gramesh@sfimar.org>, "Prof. Satyendra Kalia" <kalia@sfimar.org> Tue, Nov 6, 2018 at 2:38 PM

----- Forwarded message -----
From: Visweswaran Iyer <iyervisweswaran@gmail.com>
Date: Tue, Nov 6, 2018 at 2:32 PM
Subject: Re: Mindfulness Session at SFIMAR on 17-11-2018
To: Shilpa Peswani <shilpa.peswani@sfimar.org>
Cc: Chairman SFIMAR <chairman@sfimar.org>

I confirm the same.
Dear Madam,
Greetings from Iyer,

On 17th November Saturday, 11.00 am to 12.30 noon lecture is fixed. Mr.Ganesh Vaidyanathan is MTech Mechanical Engineer from IIT Mumbai Worked at Siemens Chennai for 3 years.
Now doing Youth Empowerment programme 1 year course with Chinmaya Mission. He will take the lecture on topic "Emotional Transformation".
Four more people all CHYK's will come to give assistance .
Thanks.
Iyer

On Tue 6 Nov, 2018, 12:05 PM Shilpa Peswani <shilpa.peswani@sfimar.org> wrote:
Dear Mr. Iyer,

As per your conversation with our Chairman Bro. Nesamony at SFIMAR, we are arranging a session of your team on 17-11-2018 from 11am -12.30pm. The topic of the lecture, as suggested by you, will be 'Emotional Transformation'. It will be conducted in the Assembly Hall on ground floor.

Please email us your written confirmation by email as well as the profile of the speaker.

Regards

Shilpa Peswani
Asst. Professor-Finance

St. Francis Institute Of Management & Research
Mt. Painsur, SVP Road,
Borivalli (W), Mumbai -400103
Mobile - +91-7208744515
Tel - 022-28917089 -46
www.sfimar.org

Shilpa Peswani
Asst. Professor - Finance

St. Francis Institute Of Management & Research
Mt. Painsur, SVP Road,
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Mobile - +91-7208744515
Tel - 022-28917089 -46
www.sfimar.org

Blood Donation by Mr. Nilesh and Students



Pushkar Parulekar <pushkar@sfimar.org>

Thank you Mr.Nilesh Mahadeshwar & PGDM Blood Donors

2 messages

Director SFIMAR <director@sfimar.org>
To: SFIMAR FAMILY <sfimartm@sfimar.org>
Cc: Chairman SFIMAR <chairman@sfimar.org>, Nilesh Mahadeshwar <nilesh@sfimar.org>

Sat, Apr 20, 2019 at 5:14 PM

Dear All,

We appreciate our five PGDM students who donated blood for mother of Prof Sulbha Raorane who had undergone a surgery recently. We also appreciate the efforts of our Mr.Nilesh Mahadeshwar in coordinating with the donors and the blood bank. The donors group photograph is attached herewith. We wish the mother a speedy recovery.

With warm Regards

Dr.John Peter

Director

St. Francis Institute of Management & Research

Accredited "A" Grade by NAAC & ISO 9001-2015 Certified Institute

Mt. Painsur, S.V. P. Road, Borivali (W), Mumbai-400 103



Blood Donaors PGDM students.jpg
104K

Chairman SFIMAR <chairman@sfimar.org>
To: Pushkar Parulekar <pushkar@sfimar.org>, Sanchayita Banerjee <sanchayita.banerjee@sfimar.org>
Cc: Director SFIMAR <director@sfimar.org>

Fri, Jan 22, 2021 at 9:27 PM

[Quoted text hidden]

Five of our PGDM students, along with Mr. Nilesh Mahadeshwar from PGDM Administrative department, donated blood for the mother of Prof Dr. Sulbha Rorane on April 20, 2019.



Blood Donors PGDM students 20th April 2019



St. Francis Institute of Management and Research (SFIMAR)

Report on Independence Day Celebration

Academic Year 2019 – 20

The 73rd Independence Day was celebrated on the SFIMAR campus on 15.08.2019. The Chief Guest for the Day was Rev. Bro. Mathew Thekkemury, CMSF, Asst. Superior General and the Guest of Honor was Mr. Louis Vaz, Administrator, SFIMAR. After the flag hoisting ceremony, PGDM I and MMS II students staged a series of cultural activities. The Dress code for the day is white Shirt/ Kurta. A great breakfast was arranged for all attendees. Post breakfast, there was a box cricket match for faculty, staff members and students. Prof. Jestin was the captain of the faculty team and Mr. B V Abraham was the captain of staff team. The day was celebrated with the spirit of Unity, Love and Sharing of Immense joy.

Glimpses of the event day



Students performing drama



Coordinating Team



India-Unity in Diversity

Academic Year 2018 – 19

The 72nd Independence Day was celebrated on the SFIMAR campus on 15.08.2018. The Chief Guest for the Day was Col. T C Mathew who hoisted the flag and delivered the Independence Day message. After the flag hoisting ceremony, sweets and snacks were distributed. Then a series of cultural activities were staged by PGDM I and MMS II students.

Glimpses of the event day



Coordinators and Performers



Students performing patriotic song



Faculty & Student Coordinators

Academic Year 2017 – 18

The 71st Independence Day was celebrated on the SFIMAR campus on 15.08.2017. Flag hoisting was done by Ms. Ethel (SFIMAR Admin Staff), and Dr. Mohan Mathew gave an Independence Day message. After the ceremony, sweets and snacks were distributed. Then a series of cultural activities were staged by PGDM I and MMS II students. Post cultural programme plantation drive was conducted.

Glimpses of the event day



Coordinating Team



Students performing patriotic song



Post Event

Academic Year 2016 - 17

The 70th Independence Day was celebrated on the SFIMAR campus on 15.08.2016. Col. Venkatraman, Faculty- SFIMAR, hoisted the flag and spoke on Yaad Karo Qurbani's theme. After the flag hoisting ceremony, sweets and snacks were distributed, PGDM I and MMS II students staged a series of cultural activities. To honor the 70th Independence Day, an essay writing competition was held on 09.08.2016 on the Relevance of 70 years of independence in today's context. Winners of the competition were Dipti Agarwal (MMM) and Aditya Warang (MMS)

Glimpses of the event day



Flag hoisting by Col. Venkatraman



Coordinators and Participants



Students performing drama

Academic Year 2015 - 16

The 69th Independence Day was celebrated in the SFIMAR campus on 15.08.2016. Chairman and Director hoisted the flag. After the flag hoisting ceremony, sweets and snacks were distributed. Then a series of cultural activities were staged by PGDM I and MMS II students. Post the programme Dr. G. Ramesh and few students went to St Francis orphanage and the Church/Chapel. Students distributed sweets to the kids of the orphanage.

Glimpses of the event day



Students performing drama



Visit to Chapel



Sweet distribution at orphanage



Students celebrating Independence Day



Performers and Coordinators



St. Francis Institute of Management and Research

Approved by AICTE and affiliated to University of Mumbai
(Grade 'A' Accredited by NAAC, An ISO 9001:2015 Certified Institute)

Mt. Painsur, S.V.P. Road, Borivali (West), Mumbai - 400 103
Tel.: 2891 7089, 2892 9156, 2890 6567 (MMS) / 2891 7096 (PGDM) / 2895 8403 (MMM/MFM)
E-mail : info@sfimar.org Website : www.sfimar.org

SFIMAR/ADMIN/AUG 2020/C-33

10th August 2020

INDEPENDENCE DAY CELEBRATION

On the Eve of our 74th Independence Day, we cordially invite you for the Flag hoisting ceremony on 15th August 2020 at 7.50 a.m. in the Institute Premises.

Dr. D. Henry
Director



Flow of the Function for Independence Day (15th August 2020) at SFIMAR

- | | |
|---------|--|
| 8.00 am | Peace Prayer and Felicitation |
| 8.10 am | Flag Hoisting (National Anthem) by Mr. Ratheesh Nunes |
| 8.15 am | Vote of Thanks and followed by sweets and snacks |

SFIMAR

Enlightening Minds, Defining leaders

SFIMAR/ADMIN/AUGUST 2019/C-18

14th August 2019

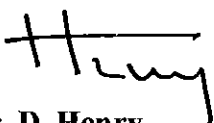
CIRCULAR

INDEPENDENCE DAY CELEBRATION

Dear Faculty and Staff,

On the Eve of our **73rd Independence Day**, all are cordially invited for the Flag hoisting ceremony on **15th August 2019 at 7.50 a.m.** in the Institute Premises.

Detailed flow of the programme is attached herewith.


Dr. D. Henry
Director- SFIMAR

el



SFIMAR

Enlightening Minds, Defining Leaders

Flow of the Function for INDEPENDENCE DAY (15th AUGUST 2019) at SFIMAR

- 8.05 am** Welcome Speech by Ms. Isha Sharma
8.10 am Flag Hoisting (National Anthem)
8. 15 am Song of Devotion dedicated to Mama Mary (Feast of Our Lady of Assumption)

Function in the Assembly Hall (Ms. Karen Silveira & Mr. Clarence Mendonsa – Comperes)

- 8.25 a.m.** SFIMAR Anthem 'PRAYER OF PEACE of ST. FRANCIS OF ASSISI'
8.33 a.m. Felicitation of Chief Guest: **Rev. Bro. Mathew Thekkemury CMSF- Asst. Superior General of the Congregation of the Missionary Brothers of St. Francis of Assisi.**
Guest of Honor : **Mr. Louis Vaz – Administrator (SFIMAR)**
8.36 a.m. Brief Speech by the Chief Guest : **Rev. Bro. Mathew Thekkemury CMSF**
8.39 a.m. Patriotic Song: **Sagar Shetty**
8.45 a.m. Fashion Show: **PGDM 1**
8.55 a.m. Patriotic Song: **Ms. Ragini Gulhane**
9.05 a.m. Skit by PGDM 1
9.09 a.m. Speech in Hindi: **Ms. Kainat Shaikh**
9.13 a.m. Patriotic Song: Mr. Mahvir – MMM
9.18 a.m. Song by : **MMS I**
9. 21 a.m. Skit with a Message: **MMS 2**
9. 26 a.m. Fashion Show on Patriotic Theme: **PGDM 1**
9. 38 a.m. Dance and Lezium: **PGDM 1**
9. 50 a.m. Vote of Thanks: **Ms. Priya Jadhav**

Followed by Breakfast

Box Cricket Under Arm 11 a side

- 10.15 a.m.** **BOX CRICKET PGDM Team A Vs Staff & Faculty – SFIMAR**
10.40 a.m. **BOX CRICKET PGDM Team B Vs MMS II – SFIMAR, Followed by FINALS**
11.15 a.m. Prize Distribution / Certificates to the Participants



SFIMAR Mumbai <sfimar@sfimar.org>

INDEPENDENCE DAY 2018

1 message

Venkat Raman <venkat@sfimar.org>
To: SFIMAR FAMILY <sfimartm@sfimar.org>

Sun, Aug 12, 2018 at 5:18 PM

Dear All,

Independence Day Celebrations 2018

SFIMAR is celebrating India's Independence Day on Wednesday 15th August 2018 at 8.00 A.M. in the SFIMAR Campus. The Flag Hoisting ceremony would be held at 8.10 AM followed by the rendition of the National Anthem and some patriotic songs, as well as performances by students followed by sweet distribution.

All members of the SFIMAR community are requested to attend and participate in this important function to commemorate India's Independence

Itinerary

- | | |
|---------|--|
| 8.00 AM | Gathering at SFIMAR Campus (Near the Main Gate) |
| 8.10 AM | Flag Hoisting by Chief Guest and National Anthem |
| 8.15 AM | Independence Day Messages |
| 8.30 AM | Performance by Students |
| 9.30 AM | Vote of Thanks followed by Sweet Distribution. |

All are Cordially Invited!!

Regards
Col Venkat (Retd)



SFIMAR

SFIMAR/ADMN/AUG-2016/N-

08/8/2016

NOTICE

INDEPENDENCE DAY CELEBRATION ON 15TH AUG 2016

This is to inform all the faculty members, staff & students that our Institute will have a Flag hoisting ceremony on the occasion of "70th Independence day" on 15th Aug 2016 in the campus. The schedule of the programme is given below: -

- 08.15 -08.30 am: Gathering at SFIMAR Campus (Near the Main Gate)
08.30 -08.40 am: Flag Hoisting and Speech by Col. Venkat Raman on Theme of "Yaad Karo Qurbani"

Gathering at Assembly Hall:

- 08.45- 09.00 am: Patriotic song/play/skit by students about Quit India Day (9th August) and recapping of Jallianwalah Bagh Massacre
09.00 – 09.15 am: Essay Competition* Prize Announcement and Vote of Thanks
09.15 am: Sweets and snacks distribution

In view of the above, all the faculty, staff & students are requested to attend and be a part of the programme.

*' Essay competition on the theme "**Relevance of 70 years of Independence in today's context**". Should reach by email to: Prof. Pushkar Parulekar (pushkar@sfimar.org) / Mr. P A Jose (jose@sfimar.org) latest by **12 Aug'16**.

Dr. S. S. Mohanty
Director



SFIMAR

SFIMAR/ADMN/AUG-2015/C-49

8th August 2015

CIRCULAR

Independence Day Celebrations 2015

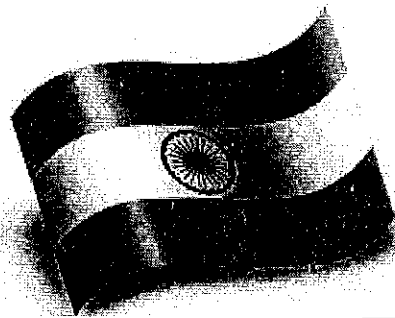
SFIMAR is celebrating India's 69th Independence Day on Saturday 15th August 2015 at 8.00AM at the SFIMAR Campus. The Flag Hoisting ceremony would be held at 8.10AM followed by the rendition of the National Anthem and some patriotic songs, performances by students followed by sweet distribution.

All members of the SFIMAR community are requested to attend and participate in this important function to commemorate India's Independence.

Dr. S S Mohanty

Director

69th Independence Day Celebrations 2015



Itinerary

- | | |
|--------|---|
| 8.00Am | Gathering at SFIMAR Campus (Near the Main Gate) |
| 8.10AM | Flag Hoisting |
| 8.15AM | Independence Day Message (Speech by Director) |
| 8.20AM | Performance by MMS, PGDM Students |
| 8.45AM | Vote of thanks followed by Sweet Distribution. |



St. Francis Institute of Management and Research (SFIMAR)

Report on Republic Day Celebration

Academic Year 2019-20

The 71st Republic Day was celebrated on the SFIMAR campus on 26.01.2020. The Chief Guest for the Day was Cdr. Kumresh Sharma and he delivered the speech after hoisting the flag. PGDM and MMS students staged cultural activities, followed by a delicious breakfast and sweet distribution.



Flag hoisting by the Chief Guest



Participants and Coordinators with dignitaries

Academic Year 2018 – 19

The 70th Republic Day was celebrated on the SFIMAR campus on 26.01.2019. The Guest of Honour for the Day was Ms. Ethel Fernandes, who delivered the speech after hoisting the flag. PGDM and MMS students staged cultural activities, followed by a delicious breakfast and sweet distribution.



Students performing a patriotic song



Participants and Coordinators

Academic Year 2017 – 18

The 69th Republic Day was celebrated on the SFIMAR campus on 26.01.2018. The Chief Guest for the Day was Mr. Prafull Sharma, District Governor (Rotary Club), who delivered the speech after hoisting the flag. PGDM and MMS students staged cultural activities, followed by a delicious breakfast and sweet distribution.



Activity performed by SFIMAR Students

Academic Year 2016 – 17

The 68th Republic Day was celebrated on the SFIMAR campus on 26.01.2017. The flag hoisting and speech were delivered by the registrar Bro. Xavier Munda. PGDM and MMS students sang patriotic songs and gave a lecture on the significance of Republic Day. It was followed by a vote of thanks and sweet distribution.



All attendees of the day

Academic Year 2015 – 16

The 67th Republic Day was celebrated on the SFIMAR campus on 26.01.2016. The Guest of honor for the Day was Bro. Paul CMSF, who delivered the speech after hoisting the flag. PGDM and MMS students staged cultural activities, followed by a delicious breakfast and sweet distribution. Post-event, a Tree Plantation Drive was conducted on the campus.



Fellow student giving Republic Day Speech



Tree Plantation Activity



Sanchayita Banerjee <sanchayita.banerjee@sfimar.org>

CELEBRATION OF 71st REPUBLIC DAY

B. V. Abraham <abraham@sfimar.org>
To: SFIMAR FAMILY <sfimartm@sfimar.org>

Sat, Jan 25, 2020 at 12:59 PM

Dear all,

All are cordially invited for the celebration of 71st Republic day as per schedule attached.

Regards

Programme Co-ordinator
ABRAHAM B.V

 **Republic Day Schedule.docx**
30K

St. Francis Institute of Management and Research

Schedule of

71st REPUBLIC DAY CELEBRATION

(SUNDAY - 26TH JAN, 2020)

08.00am – 08.20am	Gathering at SFIMAR Campus (Near Main Gate)
08.20am – 08.40am	Flag Hoisting and Speech by Cdr. Kumresh Sharma
08.40am – 08.50am	Singing of Patriotic songs by Ms. Anusha Nair and Ms. Ashwini Yadav (MMS 1) accompanied by Mr. Royce D'souza and Nikhil Salve (MMS 1), who will play the musical instruments
08.50am – 9.00am	Patriotic theme Dance by Ms. Shalkey Fernandes, Ms. Ankita Sawant and Ms.Neha Ladha of (MMS1)
09.00am – 09.10am	Speech by Mr. Clarence Mendonca (PGDM1) in Hindi and Mr. Mobil Mathias (MMS2) in English about the Significance of Republic day
09.10am -09.20 am	Video about National Integration
09.20am -09.30 am	Vote of Thanks by Mr. Dylon Surti (PGDM1) followed by breakfast and Sweet Distribution





Pushkar Parulekar <pushkar@sfimar.org>

Happy Republic Day, 2019

1 message

G Ramesh <gramesh@sfimar.org>
To: SFIMAR FAMILY <sfimartm@sfimar.org>

Sat, Jan 26, 2019 at 11:23 AM

Dear Colleagues,

We wish all our colleagues and their family members a happy 70th Republic Day. 2019



Regards and Cheers,

Dr G Ramesh



SFIMAR

SFIMAR/ADMN/AN-2018/N-63

22/01/2019

NOTICE

REPUBLIC DAY CELEBRATION ON 26TH JAN, 2019

This is to inform all the faculty members, staff & students that our College will have a flag hoisting ceremony on the occasion of "70th Republic day" on 26th January, 2019 at 8:00 am in the SFIMAR Campus. The schedule of the program is given below:-

08.00 -08.20 am - Gathering at SFIMAR Campus (Near the main Gate)

08.20 -08.40 am - Flag Hoisting and Speech by Mr. Praful Sharma-District Governor

08.40- 08.50 am - Singing of Patriotic songs by SFIMAR students.

08.50 -09.00 am - Speech by students about the significance of Republic day.

09.00 -09.05 am - Vote of Thanks and Sweets Distribution.

In view of the above, all the faculty, staff & students are requested to attend and be a part of the program. All can follow traditional dress code for the event.

Dr. G. Ramesh

I/C Director



Sanchayita Banerjee <sanchayita.banerjee@sfimar.org>

Republic Day Celebrations 26th January 2018

SFIMAR Mumbai <sfimar@sfimar.org>
To: SFIMAR FAMILY <sfimartm@sfimar.org>

Wed, Jan 24, 2018 at 2:08 PM

Dear All,

Please find attached Notice on the Republic Day Celebrations in our Institute on 26th January 2018.

Regards,

Team- Republic Day

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St. Francis Institute of Management & Research
Mount Poincur, S.V.P. Road,
Borivli (W), Mumbai 400 103

 **Republic Day.pdf**
212K



SFIMAR

SFIMAR/ADMN/AN-2018/N-

22/01/2018

NOTICE

REPUBLIC DAY CELEBRATION ON 26TH JAN, 2018

This is to inform all the faculty members, staff & students that our College will have a flag hoisting ceremony on the occasion of "69th Republic day" on 26th January, 2018 at 8:00 am in the SFIMAR Campus. The schedule of the program is given below:-

08.00 -08.20 am - Gathering at SFIMAR Campus (Near the main Gate)

08.20 -08.40 am - Flag Hoisting and Speech by Mr. Prafull Sharma-District Governor (Rotary Club)

08.40- 08.50 am - Singing of Patriotic songs by SFIMAR students.

08.50 -09.00 am - Speech by students about the significance of Republic day.

09.00 -09.05 am - Vote of Thanks and Sweets Distribution.

In view of the above, all the faculty, staff & students are requested to attend and be a part of the program. All can follow traditional dress code for the event.

Dr. S. S. Mohanty
Director



Pushkar Parulekar <pushkar@sfimar.org>

Republic Day Celebration

1 message

Sanchayita Banerjee <sanchayita.banerjee@sfimar.org>

Wed, Jan 25, 2017 at 3:44 PM

To: Faculty <faculty@sfimar.org>, admin SFIMAR <admin@sfimar.org>, SFIMAR Placements <placement@sfimar.org>, Information Tech <it@sfimar.org>, Library Services SFIMAR <library@sfimar.org>, PGDM SFIMAR <pgdm@sfimar.org>

Cc: Chairman SFIMAR <chairman@sfimar.org>, Director SFIMAR <director@sfimar.org>

Dear all,

All faculty and staff members are requested to be present for Republic day celebration tomorrow 26 January 2017 at 8:15 am near the main gate. PFA the detailed notice for the same.

Regards,
Team Republic Day

 **Republic Day 2017 Notice.pdf**
368K



SFIMAR

SFIMAR/ADMN/JAN-2017/N-63

23/01/2017

NOTICE

REPUBLIC DAY CELEBRATION ON 26TH JAN 2017

This is to inform all the faculty members, staff & students that our College will have a Flag hoisting ceremony on the occasion of "68th Republic Day" on 26th January 2017 at 08.15 am in the SFIMAR campus. The schedule of the program is given below:-

- | | |
|-----------------|---|
| 08.15 -08.30 am | - Gathering at SFIMAR Campus (Near the main Gate) |
| 08.30 -08.35 am | - Flag Hoisting and Speech by Brother Xavier M. |
| 08.35 -08.45 am | - Singing of Patriotic songs by SFIMAR students. |
| 08.45- 08.55 am | - Speech by students about the significance of Republic day |
| 08.55 -09.00 am | - Vote of Thanks and Sweets Distribution |

In view of the above, all the faculty, staff & students are requested to attend and be a part of the program.

Dr. S. S. Mohanty

Director